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BREAST FEEDING BARRIERS

How negative attitudes are (still) keeping women at home
metroNEWS

Artist has not been seen since Fort Mac fire

MISSING PERSONS

Man had work on display in Edmonton, was staying in camp



Kevin Maimann
Metro | Edmonton

An artist who'd once lived and shown work in Edmonton has been missing since the Fort McMurray wildfire last May, according to Wood Buffalo RCMP.

Mounties said Wednesday they were notified in February that Charles Bastien, 55, has not been in contact with his family since the wildfire that forced much of the region to evacuate.

"His family was aware that he was staying in a camp outside of Fort McMurray at the time," RCMP said in a news release. "Police have also been unable

to make contact with the man." Nina Haggerty Centre executive director Wendy Hollo confirmed that Bastien's art was part of the centre's 2014 exhibition The Artist Inside — Removing Barriers Through Art, which featured works by inmates in institutions across Alberta.

Hollo said she never met Bastien, who was an inmate at the Fort Saskatchewan Correctional Centre at the time, but said his work had been displayed in at least one other exhibit.

Bastien is described as five foot nine and about 180 pounds, with greying blonde hair and green eyes. He speaks French and English.

RCMP said his most recent address was in Edmonton, but he's also lived in Quebec and Ontario.

No fatalities were recorded as a result of the Fort McMurray fire, but two people died in a crash while leaving town.

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Where your money's going

INFRASTRUCTURE

City manager says Valley Line LRT put spending up

 **Jeremy Simes**
Metro | Edmonton

The second half of 2016 was more expensive than normal for Edmonton, as the city shelled out \$1.36 billion on new projects and everyday operations, according to new numbers.

In fact, the six-month spend — which was from July 1 to December 31 of 2016 — was \$360 million more than the usual \$1 billion that's spent annually on capital, according to Deputy City Manager Adam Laughlin. He said the Valley Line moved the spending needle up.

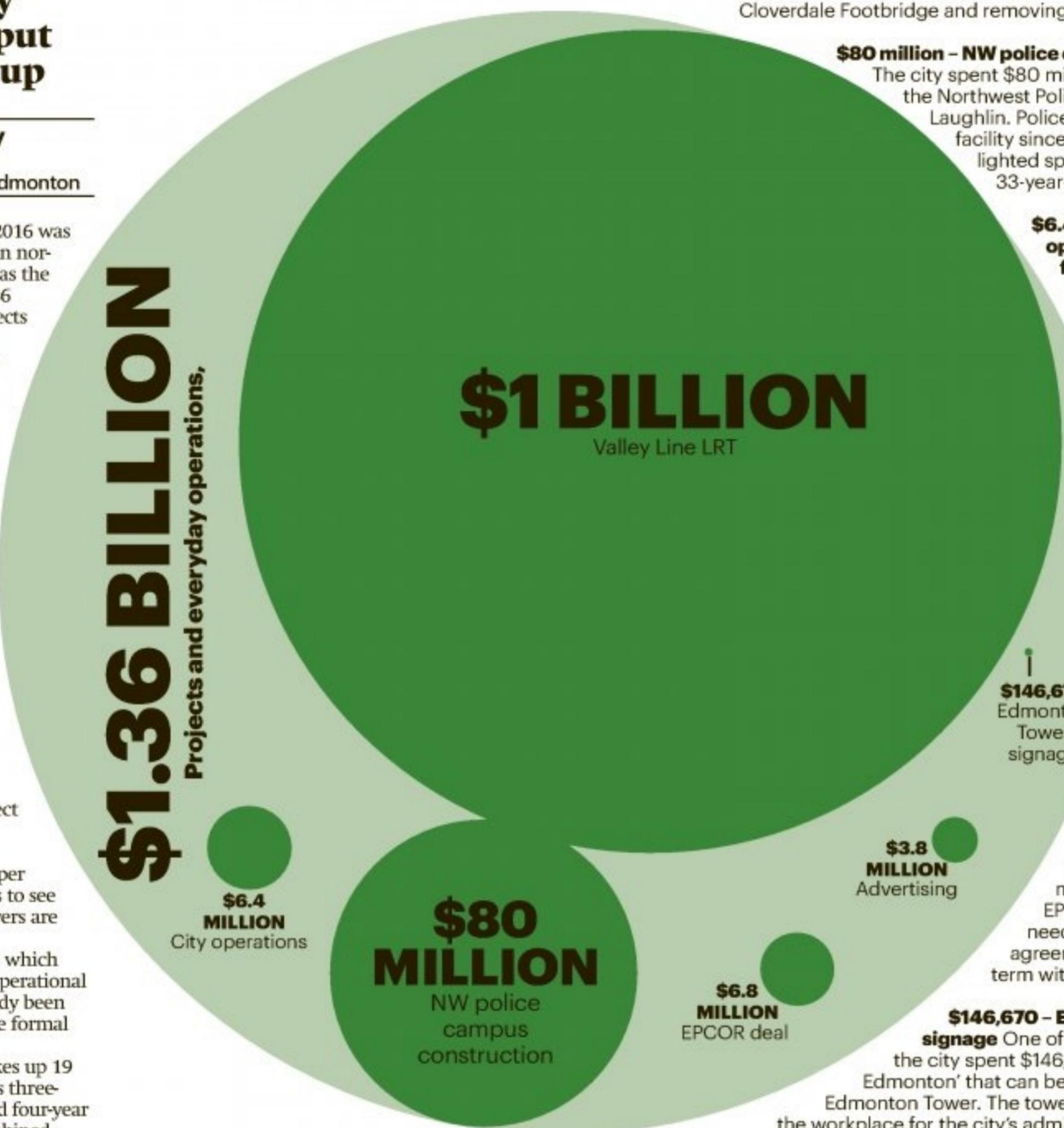
"Obviously the Valley Line is the biggest capital project we've ever undertaken."

Metro took a deeper dive into the figures to see what exactly taxpayers are fronting.

The \$1.36 billion, which covers capital and operational spending, had already been approved during the formal budget process.

The number makes up 19 per cent of the city's three-year operational and four-year capital budgets combined.

\$1.36 BILLION
Projects and everyday operations



\$1 billion – Valley Line LRT

More than \$1 billion of the city's cash is going to constructing 13 kilometres of the Valley Line LRT. The city awarded the contract to TransEd Partners last year, and latest work includes replacing the Cloverdale Footbridge and removing the Harbin Gate.



COURTESY CITY OF EDMONTON

\$80 million – NW police campus construction

The city spent \$80 million on construction for the Northwest Police Campus, according to Laughlin. Police have pushed for a new facility since a 2015 city report highlighted space limitations in their 33-year-old downtown building.



KEVIN TUONG/FOR METRO

\$6.4 million – city operations, things like fixing bridges, upgrading signalling and smart bus technology

The city spent \$6.4 million on city operations from July to December. This includes fixing the Dawson Bridge, operating the landfill and maintaining the smart bus system, among others.



KEVIN TUONG/FOR METRO

\$3.8 million – Advertising

The city spent \$3.8 million on advertising in newspapers, TV channels, radio stations, movie theatres, billboards and more.



FLICKR/UNIVERSITY OF ILLINOIS

\$6.8 million – EPCOR deal

The city spent \$6.6 million for services from EPCOR, as more power is needed for construction. The agreement will have a five-year term with an extension option.

\$146,670 – Edmonton Tower signage One of the smaller expenses, the city spent \$146,670 on the white 'City of Edmonton' that can be seen on the east side of Edmonton Tower. The tower recently opened and is the workplace for the city's administrative staff.

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Rethinking Vision Zero

TRAFFIC SAFETY

Iveson calls for focus on people first

Jeremy Simes
Metro | Edmonton

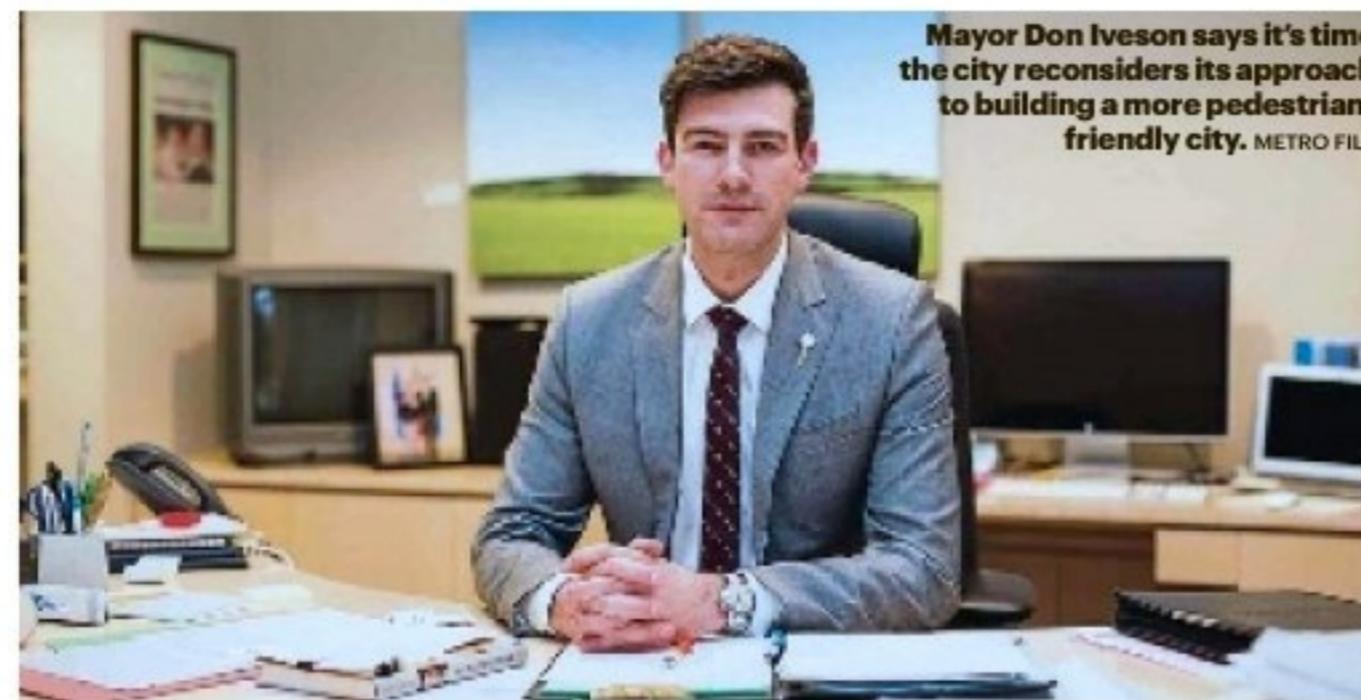
Mayor Don Iveson called for a re-launch of the city's contentious Vision Zero traffic safety project Wednesday.

Speaking at a conference in Sherwood Park, Iveson said now's the time to "build the kind of streets that serve people, particularly the most vulnerable road users."

Vision Zero is the city's long-term plan to reduce traffic fatalities and serious injuries to zero. Some have said Edmonton has focused too much on drivers, a criticism Iveson acknowledged Wednesday.

He said he wants the city's plans to address pedestrian safety more closely going forward.

The push comes as Edmonton encourages higher density development in inner-city neighbourhoods — areas ripe for getting people out of their cars



Mayor Don Iveson says it's time the city reconsiders its approach to building a more pedestrian-friendly city. METRO FILE

and outside.

Most of Edmonton's focus to date has been on reducing vehicle-to-vehicle collisions by upping photo radar enforcement and removing difficult right-turn lanes.

Advocates have long argued the city isn't going far enough to create more visible crosswalks, narrower lanes, protected bike lanes and wider sidewalks.

Iveson said balancing the needs of drivers, cyclists and pedestrians hasn't always

worked.

"We need to start by recognizing that some users are more vulnerable than others," he said, "and the more we draw people out into our streets and public spaces, the more we need to do to ensure they have a safe and inviting experience."

That means doing what advocates are asking for, and lowering speeds where people cluster, he said.

However, Iveson added the shift in thinking won't stop in

vestments in roads, noting the \$55 million spent to fix potholes and committing to a \$1-billion upgrade of Yellowhead Trail.

"If our goal is people-centred planning, a smoother, safer commute not only means we get home in one piece, it means we get home happier," he said.

"At the same time, if your elected leaders make the right kinds of investments in transit infrastructure, you might choose a faster, more predictable ride on a train or a bus."

CITY COUNCIL

Fish habitat saved in push to move dock

A rare fish habitat in Whitemud Creek has been saved after city councillors rejected a contentious dock.

Councillors at the urban planning committee voted against the proposed site Wednesday, following debate over a proposed boat dock that would be metres from the city's only remaining natural creek.

Environmental group Sierra Club argued the dock would negatively affect fish while staff said its assessment was incomplete.

As a result, councillors voted in favour of moving the dock upstream.

"It's the last fishery we have left in the river," Coun. Ben Henderson told reporters. "If it's that important, I don't think it was worth taking the risks."

But the decision means the city will have to spend money on a re-assessment. It will also delay the dock's construction to 2018.

"We should find funding internally to get this done," chief city planner Peter Ohm told committee.

He told reporters the city will go back to re-examine its policy to avoid having to re-do environmental assessments in the future.

"But at the same time, it's fair to say the consultants that were hired to do this work did exactly what they were asked to do," he said. "We stand behind their work."

The result delighted Sierra Club co-ordinator Charlie Richmond.

"It was more than what we wanted," he said. "The discourse here was absolutely civil. Things are changing. It's a different council and a different administration."

The five other proposed docks can still go ahead as planned, pending council approval.

JEREMY SIMES/METRO

“

It's the last fishery we have left in the river.... I don't think it was worth taking the risks.

Coun. Ben Henderson

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Trustee stands opposed

EDUCATION

Board chair doesn't support member over Metro story

Kevin Maimann
Metro | Edmonton

An Edmonton Catholic School Board Trustee is not backing down after she was censured at a board meeting this week, in part for comments she made to Metro.

Board Chair Laura Thibert said Tuesday that Patricia Grell violated board policies when she spoke to Metro and CTV, and also posted a blog, about her opposition to Supt. Joan Carr's \$430,000 salary renewal.

Thibert stated that the board speaks with one voice and does not condone Grell's comments. She also said trustees acting against board policies will "no longer be tolerated."

Undeterred, Grell posted another blog Wednesday explaining her actions and spoke



Patricia Grell says she is being censured by the Edmonton Catholic School Board after publicly speaking out against the renewal of Supt. Joan Carr's \$430,000 salary. KEVIN TUONG/FOR METRO

with Metro later.

"It's very bizarre what's going on. To me, rules are being made up as we go along," she said.

Grell said trustees have always been able to speak out when they disagree and she is starting to lose faith in the

To me, rules are being made up as we go along.

Patricia Grell

board's leadership.

"I don't think explaining to the public why you took the stand you did is 'not speaking with one voice.' It's explaining to your constituents why you took a particular stand or made a particular motion or voted the

way you did," she said. "That's democracy."

Grell told Metro last month she was fighting to overturn the 4-3 vote that saw Supt. Carr's contract renewed, citing a close vote and alleged conflict of interest involving Trustee Larry Kowalczyk — whose wife Eugenia is a principal in the district and works directly under Carr.

The board's legal counsel had cleared Kowalczyk to vote, but Grell said the ethics commissioner later told her that the vote indeed constituted a conflict of interest.

Thibert said Grell's comments had a "significant impact" on the personal wellbeing of Supt. Carr, Principal Kowalczyk and other school staff.

Thibert told Metro that trustees can state their opinions during board meetings, but as a governing board, trustees are bound by a single voice once a decision is made.

"When you're on a board, yes you can have your opinion and yes you can state your opinion. But when the decision of the board is made, then you publicly support it," she said.

COURT

Concern over stayed charges

Mothers Against Drunk Driving is voicing concerns after a shortage of Crown prosecutors in Edmonton was blamed for charges being stayed in 15 cases that were to be heard in provincial court.

The suspended charges included two for impaired driving, as well as other crimes including fraud, theft, possession of a dangerous weapon and assault of a peace officer.

"To me, these people could feel that they got away with it once, why not do it again, that kind of attitude. It's concerning," said MADD Edmonton and Area President Jason Hills.

Chief Crown prosecutor Shelley Bykewich said there is a 14 per cent vacancy rate in the prosecutors' office and the shortage is complicated by a Supreme Court of Canada ruling that set out new deadlines for completing trials, with a maximum of 18 months for cases at the provincial level.

Alberta Justice Minister Kathleen Ganley said more prosecutors are being recruited, with a shortage of eight to 10 prosecutors in Edmonton and 14-16 in the province. KEVIN MAIMANN/METRO

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Publishers push for 'more Alberta voices'

BUDGET

Association asking province for financial support

Pushpa Balgobin
For Metro | Edmonton

The Book Publishers Association of Alberta is asking for a financial boost from the province, arguing that supporting local publishers makes economic sense.

The group, that includes Edmonton-based Stonehouse Publishing and NeWest Press, submitted a proposal asking for \$15 million in the upcoming provincial budget.

Edmonton author Todd Babiak said many large Canadian publishers don't know the city, and represent large global interests.

"It is hard for them to be



Matt Bowes is the general manager of NeWest Press in Edmonton. KEVIN TUONG/FOR METRO

nimble," he said. "Local publishers think for the community, they produce for the community."

Matt Bowes, general manager at NeWest Press, said the province should support an industry that provides a

unique service "about Edmonton, about the west."

"Investing in book publishing is investing culturally in a way," he said.

The association already gets grants from the province, Bowes said, but they'd like to see a more sustainable source of government funding.

Bowes said Alberta Culture and Tourism invests in the film and music industries, which have in turn seen growth.

A similar investment in local book publishers would attract and retain talent in the province.

He added local publishers make sure local stories are told, as they're more keen to work with authors who might be otherwise seen by Toronto-based companies as too local.

"We would have more Alberta voices that may otherwise possibly go unheard," he said.

UPGRADES

Mill Woods centres ready for a facelift

Four Mill Woods parks and community centres will get an overhaul after a significant cash infusion from the federal government

Minister of Infrastructure Amarjeet Sohi, who happens to be the MP for Edmonton Mill Woods, announced \$433,900 in infrastructure funding for the community Wednesday as part of the Canada 150 Community Infrastructure Program.

The gymnasium at St Mary's Coptic Orthodox Church will receive \$76,070, much to the excitement of the community.

"All the upgrades are going to make it safer and more usable," said church board member Basma Farage.

"The gym exists now, but these upgrade, they already started, these upgrades are taking the facility to a higher quality."

The gymnasium already services over 350 families.

With upgrades, such as rubber basketball flooring and partitions to divide the space, Farage said will be able to run multiple events at a time.

"We serve from elementary to university. All the upgrades will connect the youths in the community," Farage said.

Not just youth will benefit. The renovations will give community members a modern space that they would otherwise have to find at other centers across the city.

"It'll be safer and even more ergonomic," she said.

"Older people complain the concrete floor is hard on their knees. A rubber floor upgrade is going to help."

Construction is expected to finish by the summer.

The other three projects include upgrades to Bisset Park, a new basketball court at John Paul II Park and a patio area at Ridgewood Community League.

All the upgrades will connect the youths in the community.

Basma Farage

"Older people complain the concrete floor is hard on their knees. A rubber floor upgrade is going to help."

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Breastfeeding moms need more help

RESEARCH

Student says there are not enough places to feed kids

Matt Kieltyka
Metro | Edmonton

There's a lack of supports for breastfeeding mothers — not to mention locations to lactate — at the University of Alberta and throughout Edmonton, according to one researcher.

Nursing PhD student Sheila Hirani recently did an assessment of the university's breastfeeding facilities and policies, as part of the school's Sustainability Scholars program, and identified the same kind of gaps she says force many women in society to abandon school or work after giving birth.

"Women are very productive workers in society, but this topic I found very important to address," Hirani told Metro. "Women who would like to breastfeed do not have the privacy they need and not



Sheila Hirani, a U of A Researcher who did a study about the lack of breastfeeding facilities and supports on campus. KEVIN TUONG/METRO

everyone accepts women that publicly breastfeed."

Hirani found that while the school's Nursing Graduate Student Association made great efforts to set up a breastfeeding room at the Edmonton Clinic Health Academy building, it lacked a refrigerator for storing

milk, was difficult to access and wasn't widely publicized.

Other spots where new mothers could breastfeed in privacy were far from where they'd expect classes to be, she said.

"If you look on the U of A website, you're going to see five or six childcare facilities,"

she said. "But when I personally visited those set ups, they were so far from the university that it would be a 10 to 15 minute walk, half of her break, just to travel there."

Breastfeeding in public is possible, but Hirani said many moms aren't comfortable

doing it in busy places like the student lounge and some face judgment for it.

It's a problem she says extends beyond campus.

"When I visited other facilities, universities and office environments — and even talking with my colleagues working in different set-ups within the city

— we hardly see places where there is private space available to breastfeed," said Hirani. "And when women then publicly breastfeed in restaurants, or anywhere in the city, many times people stare at them. I even heard of a lady breastfeeding in a restaurant and the waitress asked her to cover herself."

Edmonton resident Sandy Arias is mother to a four-month-old boy and says she's been told to cover up while breastfeeding.

"I was like, 'Why? Why should he have to eat under the blanket?' Sometimes it's very hard because if your baby

doesn't latch on properly there could be problems and milk can be sprayed everywhere," she said.

Arias said more private facilities in the city would give mothers more freedom to get around.

"When you go shopping in stores, sometimes they'll let you use the dressing rooms," she said. "If I'm going to the mall or something and he's hungry, I will just feed him in the car before I go in because I know it's going to take me a while to find a spot."

Shopping malls are actually one place Hirani gives credit.

"Some of the shopping centres these days have a separate location where women can actually go and feed their own babies while shopping," she said. "They're good, especially the new centres, they've really made sure to reserve more than two or three spaces for mothers."

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X3

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Mom's gift brings joy back, full cycle

GENEROSITY

What started as one donation turned into new lease on life

Lucie Edwardson
Metro | Calgary

When a grieving Kerri Workman and her husband made the decision to donate the treasured bike of their deceased son to a Syrian refugee child, Workman didn't realize how much the experience would impact her life.

Eleven-year-old Bryce Eyjolfson died in October 2014.

He'd built his treasured bike with the help of his father, and after his passing, the bike reminded the couple of better times and the joy of their son.

After Bryce died, his bike was stolen from a shed in the family's yard — and after hearing Workman's emotional pleas for the bike's return, the thief showed up at her door, apologized and returned the bike.

Almost a year ago to the day, Feb. 29, 2016, Workman and



Kerri Workman and husband Malcolm Eyjolfson hold a photo of son Bryce as they pose with 12-year-old Abdo who is the thankful recipient of Bryce's treasured bike in February of 2016. CONTRIBUTED

her husband decided that after hanging on to their son's bike for two years, they wanted to donate it to a child who could really appreciate it and love it the way Bryce did.

The simple gesture of donating

the bike was the springboard for Workman to begin volunteering with the Syrian Refugee Support Group (SRSG) — something she says "saved" her.

"I was off work for my grief and I had plenty of idle time, so it

was quite easy for me to become involved," she said.

Workman said at the time she was in a really dark place grieving the loss of Bryce.

"It saved my life, I truly believe that," she said.

In the months that followed, Workman spent "morning, noon and night" at the SRSG warehouse, helping with the collection of donations as well as building relationships with the refugees.

It was quite easy for me to become involved.
Kerri Workman

Co-founder of SRSG, Saima Jamal, said Workman has become "like family" to many of the kids, who, because of cultural reasons didn't generally make physical contact with women outside their families, they now flock to Workman giving her hugs and kisses.

Jamal highlighted a few of Workman's deeds, including loading her truck "full to the brim" with refugee kids and taking them swimming — many for the first time ever — every week of the summer.

"Parents don't just let anyone take their children, but when they realized I was genuine they put their trust in me," said Workman. "I feel so lucky."

Workman has also helped a few teenage refugees get jobs, helped start a community garden in Forest Lawn, and taken many Syrian newcomer youths to their first hockey game.

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Jobs, families focus of spring session

POLITICS

Opposition say Notley must get serious about saving

The Alberta government will focus on jobs and families in the spring legislature sitting, but the opposition says it's about time Premier Rachel Notley gets

serious about saving money in an improving economy.

The session begins Thursday with a throne speech that will outline the government's goals and priorities.

Finance Minister Joe Ceci is to bring in the 2017-18 budget on March 16.

The province is running a \$10.8-billion deficit this year. The NDP government has opted to keep operational spending steady and increase capital in-

vestments to avoid aggravating an economy battered by low oil prices.

Richard Gotfried of the Progressive Conservatives noted the province brought in an extra \$1.5 billion in the current fiscal year due to higher oil prices, but still spent all of it — and more.

"I'm worried that we will go forward in that same path where we'll see revenue improvements but no control

of government spending to balance this budget," Gotfried said Wednesday.

"If we push (the debt and deficit) off to future generations ... that's irresponsible."

Ceci has promised to get the deficit tamed by 2023, but Opposition Wildrose house leader Nathan Cooper suggested the government is signalling it will spend heavily in good times and bad.

THE CANADIAN PRESS



Finance Minister Joe Ceci is promising to get the deficit tamed by 2023. THE CANADIAN PRESS

COURT

Man testifies at trial that he heard voices

A man accused of killing two co-workers and injuring others at an Edmonton grocery warehouse has taken the stand in his own defence.

Jayme Pasieka, who is 32, has pleaded not guilty to 10 charges, including first-degree murder, in the attack on Feb. 28, 2014.

Pasieka testified in a calm, quiet voice that he didn't know what he was doing the day six men were stabbed, two fatally.

He says he just gave up on life that day and needed help.

Pasieka, who is being treated for schizophrenia, also said

he knew what he was doing was wrong but he was hearing voices in his head he believed were of the devil.

After the stabbings, he says he walked to his car and drove to a liquor store, and was drinking wine in his car when police arrested him.

Court has previously heard that Pasieka bought two knives at an army surplus store on the day the men were stabbed at the warehouse.

Thierno Bah, who was 41, and Fitzroy Harris, who was 50, were killed and four other men were wounded.

THE CANADIAN PRESS

LIBERAL LEADERSHIP

Mayor of St. Albert throws hat in ring

The mayor of a city on the northwest edge of Edmonton has officially announced he is seeking the leadership of the Alberta Liberal Party.

Nolan Crouse of St. Albert made the announcement Wednesday outside of Rutherford House in Edmonton.



Most of you expressed Albertans' values as dignity, pragmatism, inclusiveness and indeed stability and economic responsibility — all values that resonate deeply with me.

Nolan Crouse

Crouse said the current political climate made this an important time for the party, saying it could "establish itself as the most progressive and moderate political choice for Albertans."

The party's website shows Crouse is the only candidate for the party's leadership and the nomination period closes on March 31.

Members will choose a new leader in June; the current leader is Dr. David Swann.

Crouse said he will finish his term as mayor of St. Albert and not seek re-election in the fall of 2017.

He said he made the decision to run after consulting with a number of Albertans.

"Most of you expressed Albertans' values as dignity, pragmatism, inclusiveness and indeed stability and economic responsibility — all values that resonate deeply with me," Crouse said.

"These values, together with concerns expressed by some, are what is motivating me to lead the party."

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'A drunk can consent'

HALIFAX

Judge acquits taxi driver of sex assault

Haley Ryan
Metro | Halifax

A Halifax taxi driver found with an intoxicated, unconscious, mostly naked woman in his cab and her DNA on his mouth has been acquitted of sexual assault by a judge who said there wasn't enough evidence to prove the woman's "lack of consent."

Judge Gregory Lenehan ruled that Bassam Al-Rawi was not guilty of sexual assault in Halifax provincial court on Wednesday after he stood trial last month for a May 23, 2015 incident.



Bassam Al-Rawi

JEFF HARPER/METRO

The complainant was found by police in Al-Rawi's cab around 1:20 a.m., passed out after a night of drinking and being turned away from Boomers, a downtown bar. Her belongings were spread around the car as she lay in the backseat with her feet up on the two front seats, only a shirt partially covering her breasts. Her pants were also damp because she urinated on herself.

Al-Rawi's pants were partially undone and sitting lower on his body, the court heard. As police approached, they saw his seat was reclined and he attempted to hide the woman's pants and underwear.

"I have struggled to deter-

mine what all this evidence proves," Lenehan said in his decision.

Part of the evidence the Crown presented was a toxicology report showing the 26-year-old complainant would've had a concentration of between 223 and 244 milligrams of alcohol in 100 millilitres of blood when police found her.

Crown attorney Ron Lacey said during the trial there was ample evidence non-consensual touching had occurred, and anyone that intoxicated could not consent to anything.

"Clearly a drunk can consent," Lenehan said. "As noted by ... the forensic alcohol specialist, one of the effects of alcohol on a human body is it tends to reduce inhibitions, and increases risk-taking behaviour."

There's no doubt the complainant was unconscious when she was found by police so at that moment she was unable to consent, Lenehan said — but what's unknown is when exactly she passed out and "that's important."

She also couldn't provide information on whether she "agreed to be naked in the taxi, or initiated any sexual activity," Lenehan said.

Lenehan said he found it likely the driver had pulled off the woman's pants, since they were inside out with her underwear caught up in them, but he doesn't know whether Al-Rawi removed them "at her request, with her consent, without her consent."

1

and refugee policy became a centrepiece of the U.S. presidential campaign and the eventual new administration of Donald Trump, and before the question of what values immigrants to Canada ought to hold became a centrepiece of Conservative leadership

A newly released federal survey on attitudes towards immigration suggests Canadians are somewhat more enthusiastic about accepting economic migrants than they are about refugees.

While 52 per cent of those polled in the Immigration Department's annual tracking study felt the right number of immigrants were coming to Canada, 23 per cent thought it was too high.

Meanwhile, 40 per cent felt the right number of refugees was being admitted and 30 per cent thought that figure was too high.

The 2016 survey was done long before immigration

52%

More than half of those polled believe the correct number of immigrants are coming into Canada, with only 23 per cent thinking it's too high.

politics here.

So while the data might not reflect how attitudes have shifted since those developments, it's telling for what it was probing for in the first place, suggested Jack Jedwab, the executive vice president of the Association for Canadian Studies and co-chairman of an upcoming conference on integration and immigration.

"I think what the government is trying to get at is the issue of the extent to which people are more preoccupied by the increase in refugees that's happening in a lot other places in the world," he said. THE CANADIAN PRESS

National digest

University evacuated after bomb threats

Three Concordia University buildings in Montreal were closed Wednesday after the institution received bomb threats targeting Muslim students.

In a letter sent to several media outlets, a group threatened to detonate "small artisanal explosive devices" once a day until Friday in order to injure Muslim students.

No suspicious objects were found on the premises, said Montreal police spokesman Benoit Boisselle. CP

Swastikas found in Ontario university classroom

Toronto police are investigating after two chalk drawings of swastikas were found in a classroom at York University.

The graffiti was found in the Victor Dahdaleh Building at around 8 a.m. Monday. Freya Clews, a 22-year-old student, said she noticed a commotion at the front when her education class began. TORSTAR

Arson at Islamic centre

Toronto police say a fire at an Islamic centre Thursday night is being investigated as an act of arson.

Emergency crews were notified of a fire on the roof of The Reign of Islamic Da'wah, an Islamic information centre. No one was in the building at the time of the fire and no injuries were reported. TORSTAR

Are my bowling pants black enough for you?

A seven-year-old boy and his bowling team will be given gold medals after they were stripped of their bowling championship over the weekend for wearing the wrong pants. CP



A family from Somalia is helped by Mounties along the U.S.-Canada border. THE CANADIAN PRESS

Attitudes toward refugees revealed

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Protesters march in New York's Times Square in solidarity with American Muslims and against the travel ban ordered by U.S. President Donald Trump on Feb. 19, 2017. GETTY IMAGES

Muslim ban under revision

IMMIGRATION

U.S. officials reveal softer approach

President Donald Trump's new immigration order will remove Iraq from the list of countries whose citizens face a temporary U.S. travel ban, American officials say, citing the latest draft in circulation. Trump is expected to sign the executive order in the coming days.

Four officials told The Associated Press that the decision followed pressure from the Pentagon and State Department, which had urged the White House to reconsider Iraq's inclusion on the list given its key role in fighting Daesh.

Citizens of six other predominantly Muslim countries — Iran, Libya, Somalia, Sudan, Syria and Yemen — will remain on the travel ban list, said the officials, who spoke on condition of anonymity because they weren't authorized to discuss the order before it is signed. Those bans are effective for 90 days.

The new order includes other changes as well. The officials said the 12-page document no longer singles out Syrian refugees for an indefinite ban and instead includes them as part of a general, 120-day suspension of new refugee admissions.

The officials also said the order won't include any explicit

ECONOMY

If President Donald Trump's hardline stance on illegal immigration leads to large-scale deportations, among those hurt could be the economy.

That's the view of many economists, who say the country can't afford to lose immigrants who work illegally picking fruit and vegetables, building houses, busing tables, and more.

exemption for religious minorities in the countries targeted by the travel ban. Critics had accused the administration of adding such language to help Christians get into the United States while excluding Muslims.

The White House did not respond to a request for comment.

Trump signed his original executive order in late January. It sparked immediate confusion, panic and outrage as some travellers were detained in U.S. airports before being sent back overseas and others were barred from boarding flights at foreign airports.

The federal government initially blocked U.S. green card holders before offering those legal residents special permission to come into the country. It finally decided the order didn't apply to them.

THE ASSOCIATED PRESS

DIPLOMACY

Political donor likely envoy to Canada

A big-money political donor and philanthropist with personal ties to the coal industry and professional connections to the White House and the U.S. Senate is expected to be named Donald Trump's ambassador to Canada.

Expectations within government, as well as recent media speculation, point to the Trump administration submitting Kelly Knight Craft's name for the approval of the Senate.

Knight Craft would recognize some friendly faces in that

chamber — starting with that of top Senate leader Mitch McConnell. She woman has donated to and co-chaired fundraising efforts over the years for her home-state senator.

The chamber McConnell presides over is expected to deal with major issues affecting Canada over the coming years, including trade disputes, and the potential renegotiation of the North American Free Trade Agreement.

She has a history in philan-

thropy.

Knight Craft addressed the UN General Assembly after George W. Bush appointed her as an alternate delegate to the UN in 2007; she spoke to the hall about that president's pledge to fight malaria and AIDS in Africa. She co-founded a charity to provide food, shelter and clothing to Sri Lankan children following the devastating Asian tsunami of 2004, but those efforts drew mixed political reactions.

THE CANADIAN PRESS



Kelly Knight Craft

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Morneau on 'getting-to-know-you' trip to U.S.

TRADE

Too early to challenge U.S. border tax idea, minister says

The flurry of Canadian cabinet members visiting Washington continued apace Wednesday as Finance Minister Bill Morneau dropped in on a U.S. capital awash in policy debates with big implications for America's northern neighbour.

Morneau called it a getting-to-know-you session so the Canadian government can have the lines of communication ready as the Trump administration settles on wide-reaching policies involving tax reform and trade.

Morneau is U.S. Treasury Secretary Steve Mnuchin's first visiting finance minister since taking office.

The U.S. is beginning discussions on a once-in-a-generation tax reform that could affect Canada in significant ways — with lower corporate rates in the U.S. and a border tax both under consideration.

But the reforms are being hotly debated.

Questions about tax and health changes seized the attention of American lawmakers before they could even begin the discussion about another idea important to



Finance Minister Bill Morneau and U.S. Treasury Secretary Steve Mnuchin meet in Washington, Wednesday. THE ASSOCIATED PRESS

Canada: the future of the North American Free Trade Agreement.

The files may all be connected. Some analysts believe NAFTA talks can't get serious until there's clarity on the import-tax idea, and the White House says it doesn't even want to settle on a tax plan before it knows what health policy might replace Obamacare.

With all that uncertainty, Morneau described his meeting more as personal bridge-

building than policy-making. He said he didn't delve into Canadian objections to the border-tax idea, which has strong pockets of opposition within Congress and the administration itself.

"When he spoke about tax reform, he did not go into specifics... At this stage, without details, it's not a time for us to express support, or opposition, or even insights into the impact on the Canadian economy," Morneau said.

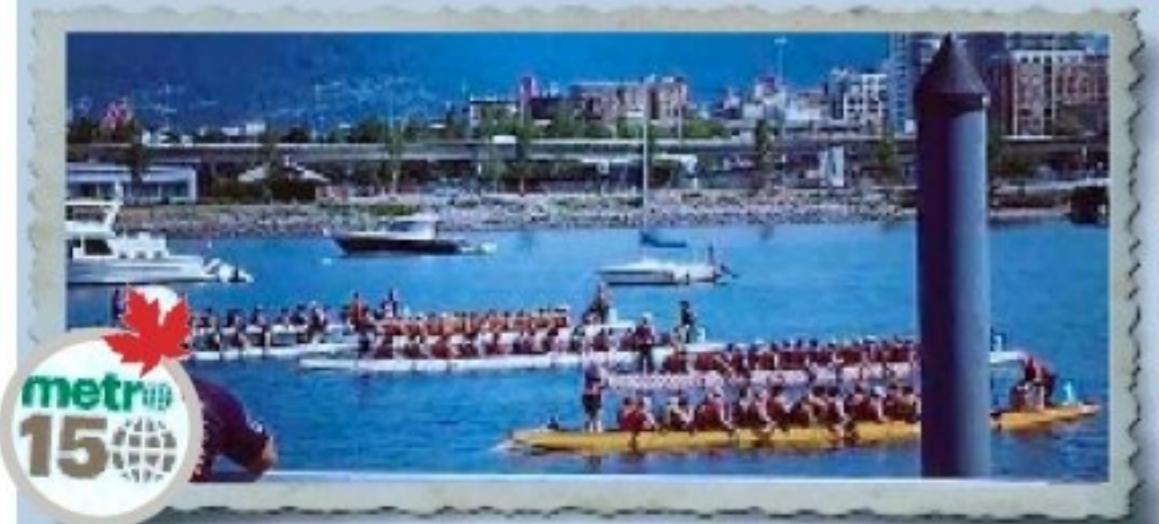
"Our goal right now is to de-

velop a strong relationship, so that as Secretary Mnuchin and his colleagues are considering actions, we'll have the ability to talk about those actions."

As part of that relationship-building, Morneau said he offered to share details of Canada's experience with one of President Donald Trump's stated priorities: using private funding to build public infrastructure. He said his U.S. counterpart expressed an interest in learning more.

THE CANADIAN PRESS

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EATING OUT

McDonald's plots to woo back loyal fans

McDonald's acknowledged on Wednesday that it lost 500 million customer transactions in the U.S. since 2012 and laid out its plans to get more people back into its restaurants — including by letting them order and pay on their mobile phones by the end of the year.

The world's biggest burger chain said it lost some of its loyal fans to other major fast-food chains, rather than to newer rivals. It also said it will more aggressively market items such as coffee and pas-

tries to draw customers.

McDonald's outlined its plans after having recorded its fourth straight year of declining guest counts at established U.S. locations in 2016, despite the fanfare over the rollout of an all-day breakfast menu.

The chain hadn't previously specified when it would make mobile order-and-pay and curbside pickup available. Starbucks Corp. already offers the option that the coffee chain has hailed as a success.

THE ASSOCIATED PRESS

INTERNET

Facebook beefs up suicide prevention

Facebook is beefing up its suicide prevention tools, including new options for people to report if someone might harm themselves while broadcasting on Facebook Live.

Facebook said Wednesday that it's in a "unique position," through personal connections people have on Facebook, to help connect those in distress with people who can support them.

To this end, people watching a Facebook Live broadcast will be able to report the video for an escalated response from Facebook. Facebook can reach

out to emergency workers if the person is in imminent danger. Separately, the person filming will also be shown a set of resources pop up on their phone screen, so they can contact a friend or a help line.

The company is also streamlining the process to report posts about suicide or self-injury. And someone feeling depressed will have easier ways to contact crisis workers through Messenger.

Last month, a 14-year-old Florida girl livestreamed her suicide on Facebook.

THE ASSOCIATED PRESS

SOCIAL MEDIA

Twitter set to curb abusive accounts

Twitter is adding more tools to curb abuse on its service as part of its ongoing effort to protect users from hate and harassment. Among other things, the service will attempt to identify offenders on its own, even if no one has reported them first.

It is the second time in three weeks the company has released new ways to root out abusive material on its service. It's a sign Twitter is getting more serious about the issue; it's faced criticism for not do-

ing more in the decade since its founding.

Twitter's effort to automatically flag abusive accounts is a new twist. Previously, the company would take no action until users reported suspected abuse.

Not that long ago, in fact, Twitter required the targets of abuse to make such reports themselves; it refused to take reports from friends, family or other third parties.

THE ASSOCIATED PRESS

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CHANTAL HÉBERT ON LIBERAL INFIGHTING



Perceived gaps between Trudeau's words and his party's actions could have a corrosive cost to his brand.

Alan DeSousa has been the mayor of Montreal's Saint-Laurent borough since it was created 15 years ago. Initially elected on the ticket of mayor Gérald Tremblay, he survived the corruption scandals that marked that era and was re-elected as part of Denis Coderre's team in 2013.

When DeSousa declared his intention to run for the Liberal nomination in Saint-Laurent — the riding just vacated by former foreign affairs minister Stéphane Dion — he was considered if not a shoo-in, at least a highly competitive candidate.

Neither of his two rivals, former Quebec immigration minister Yolande James and Marwah Rizqi, a professor at Sherbrooke University who ran for the Liberals in Hochelaga in the 2015 election, could boast roots as deep in the riding.

There was no doubt that DeSousa would not have been Justin Trudeau's preferred choice. The prime minister has made gender parity a defining feature of his cabinet. Women account for only one quarter of the Liberal caucus. The government could use more cabinet-ready female MPs.

Trudeau has replaced Chrétien's somewhat brutal clarity by an opaque vetting process.

James — given her experience in the Quebec cabinet and the fact that some of her former ministerial staffers toil in the backrooms of Parliament Hill — was considered to have the inside track with the party establishment.

Some of the organizers who helped secure Heritage Minister Mélanie Joly's 2015 nomination in neighbouring riding were asked to lend a hand again. If James was going to have a shot at beating her two opponents, she needed all the help she could get. With the byelection set for April 3, she was also going to have to hit the ground running to sign up enough members to win the nomination.

That was last week. On Tuesday, DeSousa revealed that the Liberal party had barred him from vying for the nomination. In the letter he shared with the media, no reason was given.

Privately, party insiders point to DeSousa's association with the discredited Tremblay administration. As a member of the city's executive committee he was part of the mayor's inner circle. In 2013, his borough's offices were among those raided by Quebec's anti-corruption unit.

Still, DeSousa was never charged. If he is guilty of anything in the eye of the federal Liberal brass, it is by association.

For the residents of Saint-Laurent it is, to say the least, awkward to be told that their long-serving mayor does not, for some unspeci-

fied reason, pass the smell test of Trudeau's Liberal party. From the perspective of DeSousa and his supporters, it is also a convenient way to remove him from contention.

Some Liberals in Markham-Thornhill are also crying foul after the party retroactively set Feb. 14 as the cut-off date to recruit members for a March 4 nomination vote.

One of Trudeau's senior advisers, Mary Ng, is running for the Liberal nomination in the riding vacated by former immigration minister John McCallum. Her rivals claim the move is designed to give her an edge on the competition.

In his days as leader, Jean Chrétien made no apologies for parachuting star candidates into some of the party's safest seats.

Immediately prior to and just after the 1995 Quebec referendum, Chrétien appointed Lucienne Robillard, Stéphane Dion and Pierre Pettigrew to safe Montreal seats.

At the time he desperately needed more francophone Quebecers at the cabinet table. It is far from certain that an open nomination process would have resulted in the selection by local Liberal members of any of the three ridings.

Chrétien used the same route to ensure he had more women in his candidate lineup.

He took hits for short-circuiting the process, but at least his rationale for doing so and his method were

transparent. Chrétien also took responsibility for imposing his choice on a given riding.

Officially, Trudeau has renounced that leader's prerogative. Early on, he pledged to have open nomination meetings in every riding. But in reality, he has replaced Chrétien's somewhat brutal clarity by an opaque vetting process for which neither he nor party officials seem to be accountable.

Regardless of the outcome of the Liberal infighting, there is little doubt that the party will hold Saint-Laurent and Markham-Thornhill on April 3.

But this is not the first instance where there is a perceived gap between the prime minister's words and the actions of his party and his government, and such episodes accumulate at corrosive cost to Trudeau's brand.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.



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Tory leadership race or avant-garde art show?



Vicky Mochama
Metro

As an art project, the Conservative leadership race has taken on an avant-garde feeling. They've excelled at abstraction: 14 candidates that are distinguishable only with an angling of the head or a squint.

Yet two have found a way to stand out as only one can in 2017: Internet videos.

In a rather intriguing film from 2011 surfaced by Press Progress, Kevin O'Leary is shaving in a bright marble bathroom while wearing a towel around his waist.

For all the Trump comparisons, O'Leary's bathroom looks more like my parents' than a gold-embossed penthouse. He is also shaving his own face, which is a humble move for a titan of industry. (Perhaps the butler was holding the camera?)

In advance of a morning appearance via Skype, O'Leary gripes that all his bosses at the CBC are women, saying, "The thing about the CBC I gotta tell you guys, is the whole place is run by women.... It's ridiculous."

To "get back at them," as O'Leary puts it, he vows to not wear pants. "I never do," he says, as the camera pans down threateningly.

Sure, it's offensive to women, but as a piece of art, it is incisive and compelling. The viewers must ask themselves: Is O'Leary reverse-complimenting women by insulting them?

Is it a performance art piece of a lone man, naked and shorn, yet somehow harmed by women? I call it Wounded Masculinity and the Art of Shaving.

Or, it may be a commentary on the obsessive pettiness that comes when working from home alone too long. Truly, I have borne witness to the human condition, and it is a video of Kevin O'Leary topless and shaving.

The second video is a critique of video as a form. In it, Kellie Leitch presents her vision that all who enter Canada — immigrant, tourist, person on a layover to Seattle — must have a face-to-face interview with an immigration officer. That is not new information from the Leitch campaign. What is fresh is the visual journey.

As Leitch waxes on Canadian values like tolerance and faces (I could not hear the rest for the beauty), she wanders in and out of the light. At times, she sits briefly then hurtles back towards the camera. When you least expect, she takes a deep breath as if to say, "Life is a series of breaths. And some of those breaths are taken by immigrants who are a threat to our borders."

Few auteurs can execute one resonant silence, let alone several of them. To do so while playing with motion, light and shadow is no less than mastery.

As the May 27 leadership election draws nearer, one can only hope for more challenging Conservative art.

Fingers crossed for a rap about the carbon tax.



METRO FOCUS ON
ACTIVISM!



Q & A

Big Fit Girl author wants more diversity in fitness culture

Melita Kuburas
Metro | Canada



Louise Green woke up on the morning she was to run her first half-marathon in 2013 feeling excited. But when she approached the sign-in desk to pick up her race kit, one of the staffers automatically reached for the 5K packet — less than a fourth of the distance she had signed up to run. This crushed her confidence.

"My body size communicated to him that I was not physically capable of running the event's longer race," writes Green in her new book, *Big Fit Girl*, out March 17.

Green, 45, who runs her own fitness business in Vancouver, is a runner, boxer and body activist. She believes that athletes come in all sizes and builds and that there needs to be more diversity in fitness culture.

What is it going to take for us to see more size diversity in fitness culture?

It's up to people to really be seen. A lot of women will still remain apprehensive or intimidated by fitness — and I believe they have a right to feel that way because it's scary when you don't see yourself represented. There's an element of the unknown. I think more brands

and the media culture supporting fitness need to broaden their spectrum of stories and imagery.

In true mainstream fitness magazines, you're not seeing women that are over a size 6. So if we could just start to see size 12; maybe size 14; a mixture? What I'm wanting is an accurate representation of women. That's really what we're asking for, and that's what I think is going to change the fitness culture to make it more approachable. When somebody can see themselves, it inspires them.

Some fitness stars say they're about body positivity, but their Instagrams are full of before and after photos. Are you worried that the body positivity movement is being co-opted?

I agree with you; often you're seeing a body-positive message but the imagery — and when you dig deep into the actual message — is still the same message of conforming to a smaller version of yourself. I don't know that that's intentional. I think that many women are so incredibly programmed, as we all have been at some point, to believe that is 'body positive' and the way to health.

I had this conversation yesterday with a friend of mine: what I actually have to endure for a month to lose, say 3 pounds, is white-knuckling deprivation. Some bodies will lose weight easily and some won't.

Is it then the job of the body activist to call out instances that we see where we feel like the message isn't healthy?

I do call out certain things that I think are absurd but I don't point fingers and name names, I just give examples.

People have good intentions but

I think my job is to just educate people on what I think and what I have experienced after working with literally over a thousand women who fall outside of the athletic norm. When you're somebody's trainer they really open up to you and I have really intimate conversations with these women. There's definitely a common theme throughout all of them. And I've experienced it as a plus-size woman myself, so I will make a point of trying to educate from that experience.

I got the sense the food section in your book was carefully written.

I didn't want it to appear like a diet. I wanted women to explore what works for them. I'm really against people feeling hungry. I don't believe in hunger and starvation — I don't think that fits an athletic model at all. So I really wanted women to reframe their thinking.

If you're looking at really living like an athlete ... eat as much as your body needs, but it should be nutritionally dense if you're wanting to perform better the next time you go out. And I also believe in having cake and celebrating life when the time is right.

Sometimes a form of body shaming comes from doctors who use weight and BMI as a way to measure health. Do you reject these measurements?

I have chosen my doctors very carefully and that's what I'm asking people to do in the book. Because even when I was my thinnest, I was

way outside of the BMI chart. I'm a heavy person even in a thinner frame. So those numbers have haunted me for a long time. All I could think in my mind is "I'm supposed to be 130 pounds, and I can't get there." I think it does more damage than good, to be honest. I think that many people — like my husband for example he's very muscular, and he's considered obese. I think that it's an OK guideline but I don't think it's a great method of measurement.

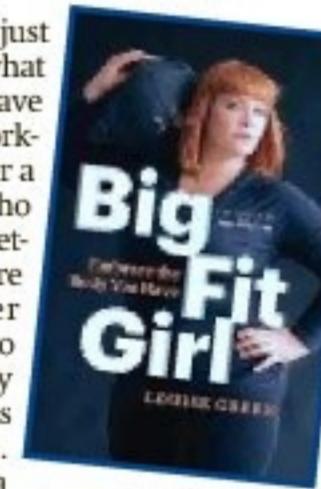
Is there an alternative measurement that you would support?

I see why people would want to ask that question because we don't want to see people that are immobile because of weight. But I don't think that I want to really comment on what kind of size we should expect of people, or how we should measure it, but just to get people really living their healthiest life: trying to eat nutritionally dense food and moving your body. And then I really truly think that your body will find its right size.

What does fit mean to you?

Somebody who's fit is somebody who is setting goals; is regularly active; who regularly challenges themselves. I have some people that come to my classes that don't go as far as they could. I think people really need to ask themselves: "Am I challenging myself, am I sweating, am I breathing heavily, is my heart rate up?" Getting their heart rate up every week on a regular basis is going to produce a fit person.

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A domestic duel under the covers

NON-FICTION

Writing couple match wits and parry in essays on marriage

Sue Carter
For Metro Canada

Stephen Marche's 2,200-word essay on the persisting gender divide surrounding housework — which he refers to as "intimate drudgery" — caused a firestorm of angry responses when it first published in the New York Times Sunday Review back in 2013.

The Toronto-based novelist and columnist suggested that everyone relax: the simplest and most direct way to correct the imbalance was to stop fretting so much over dust and unmade beds. His point did not go over well with many women, as witnessed on social media.

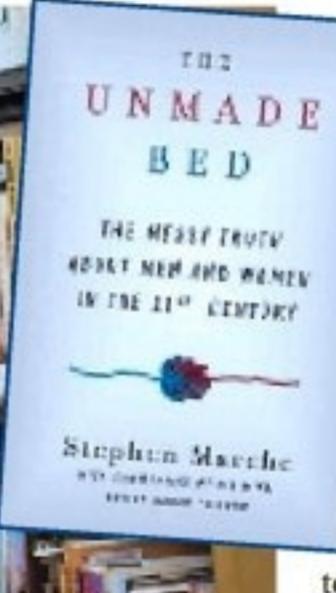
"You wouldn't think that housework would be the most controversial point in the current moment of 21st-century politics, but there you go," says Marche.

Several journalists wrote angry counter-responses suggesting



Writerly couple
Stephen Marche
and his wife, Toronto
Life editor Sarah
Fulford, have a new
book out on modern
relationships.

CONTRIBUTED



that Marche's essay painted all women, including his wife, Toronto Life editor Sarah Fulford, as being crazy for their fastidiousness. But now, everyone will have an opportunity to read Fulford's own personal reactions in Marche's new essay collection, *The Unmade Bed: The Messy Truth About Men and Women in the 21st Century*. The book incorporates previously published work and new essays featuring notes from Fulford — who edits her husband's early drafts — which at times either corroborate or counter his perspective or memories of certain situations. (She expresses both frustration and grudging admiration with Marche's laissez faire approach to domestic chores.)

"I always feel like when I read books about people's marriages that they're lying to me because that's only one point of view. There are always two points of view in every situation in a marriage," Marche says. "I thought this was a way of getting more to the intimacy, and getting a more interesting perspective of how a

modern marriage really works. It actually models the process of being in a marriage, where both people get a say."

Through a series of eight essays — starting boldly with Marche trying not to mansplain "mansplaining" — the book covers wide territory, from the resurgence of online pornography to the challenges of parenting children of both genders. Although Marche's theories are backed by numerous studies, *The Unmade Bed* is a very personal book, in which the author attempts to

make sense of his own experiences, including the death of his father and his mixed feelings about becoming a house-dad whose partner makes more money than him.

While researching, Marche was surprised to discover much more hope for change than he expected. "Especially now with Trump and the resurgence of this horrific misogyny globally, it's hard to be optimistic, but then when you look at historical trends, they go one way: men and women are getting more equal,"

he says. "That is going to continue. It doesn't matter who's in power."

Sure, studies show that women continue to gain more power economically, but Marche also acknowledges that staggering issues still exist, from domestic violence to wage gaps and leadership opportunities. He suggests it's because we're living in a "hollow patriarchy" that is nothing more than a brittle shell, and provocatively suggests that one way to help smash the remnants of this outdated system is for more men to speak up — not as "male feminists" and definitely not as men's rights activists — but as active participants.

"When it comes to gender, men are actually not heard from enough," he says. "I think the silence is very harmful and narrows the conversation around gender, and limits and hurts men, who, at this turning point are experiencing a total reconsideration of their gender and have decided to pretend it isn't happening. I felt like it needed some explanation as to why."

Sue Carter is the editor at Quill & Quire magazine.



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Spanish author Isabel Sanchez Vegara is one of the writers behind the children's books series *Little People, Big Dreams*, the latest of which is available in stores March 2. CONTRIBUTED

'The world is full of little dreamers'

CHILDREN'S BOOKS

Fighting gender stereotypes by opening young eyes to heroines

By age six, girls are more likely to believe boys are smarter than members of their own gender, according to a study published in *Science* journal last month.

But at least one children's books series is trying to fight back by telling the inspiring stories of women who overcame adversity and made history by pursuing their childhood dreams.



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Accompanied by vibrant, cartoon-like artwork and intended for readers ages 5 to 8, the *Little People, Big Dreams* series, authored separately by Isabel Sanchez Vegara and Lisbeth Kaiser, kicked off with Sanchez Vegara's book on iconic French fashion designer Coco Chanel and has gone on to feature Audrey Hepburn, Mexican painter Frida Kahlo, American civil rights

activist Rosa Parks and American poet and activist Maya Angelou.

The latest books, available in stores March 2, will focus on the lives of English crime novelist Agatha Christie and Polish-French scientist Marie Curie.

Barcelona-based Sanchez Vegara talked about how the birth of her twin nieces inspired the series, how she breaks down complicated life stories so children can understand them and which of her subjects she'd most like to meet. **Why did you choose to focus *Little People, Big Dreams* on women?**

The idea came up when my twin nieces were born. I was looking

for some books to welcome them to this world. I was surprised that there were still so many stories of ladies waiting for a prince to come and rescue them. I thought that history is full of incredible women, strong and passionate, capable of fulfilling their dreams. And those were the stories I wanted to tell my nieces about.

What do you hope children, girls and boys, will take away from the books?

Little People, Big Dreams is not meant to be a series for and about girls only, but it seemed important to start from here. We need to break with stereotypes that stigmatize people by their gender.

The real message behind *Little People, Big Dreams* is

that we can all achieve our dreams, as long as they're really ours and not imposed by others. Gender stereotypes include male stereotypes too, and you can't pretend to change one without changing the other. I think it's great all kids discover, in the series, new women roles, but it would be even better if they could discover new male roles too. In that sense, I'd love the series to grow with the stories of extraordinary men — men who break the stereotype of the "tough, loud and courageous" hero.

Why do you find Frida Kahlo the most fascinating so far?

It's not that I just love her art, but for me, Frida Kahlo's life also has the perfect mix of love, passion and tragedy.

it seemed. I don't look for women who have simply reached the top in their careers as designers, painters, aviators, writers, researchers or singers. I look for authentic and unique women with a great personality, too.

Are there any plans to feature a Canadian woman in the future?

I would love to! I'm very interested in portraying the life of Kenojuak Ashevak, one of the first Inuit printmaking artists, although I must first keep my promise and dedicate a book to a great Spanish woman, something that I have not done yet. Luckily, the list of incredible women is endless. The world is full of little dreamers. TORSTAR NEWS SERVICE

Let's treat kids with respect, love and affection so they realize they just need to be themselves.

Author Isabel Sanchez Vegara

RECORD CONTRACT

Obamas get \$65M memoir deal

Barack and Michelle Obama have book deals.

The former president and first lady have signed with Penguin Random House, the publisher announced Tuesday. Financial terms were not disclosed for the books, which several publishers had competed for, although the deals are likely in the tens of millions of dollars.

The *Financial Times*, citing unnamed sources familiar with the auction that produced the deal, reported that Penguin Random House will pay more than \$65 million for global rights to the two memoirs.



Barack and Michelle Obama will donate some proceeds to charity. THE ASSOCIATED PRESS

"We are absolutely thrilled to continue our publishing partnership with President and Mrs. Obama," Penguin Random House CEO Markus Dohle said in a statement.

"With their words and their leadership, they changed the world, and every day, with the books we publish at Penguin Random House, we strive to do the same. Now, we are looking forward to working together with President and Mrs. Obama to make each of their books global publishing events of unprecedented scope and significance." THE ASSOCIATED PRESS

Sideline the contouring and highlight a new way

MAKEUP

Back on trend and perfect for ethereal, dewy spring look

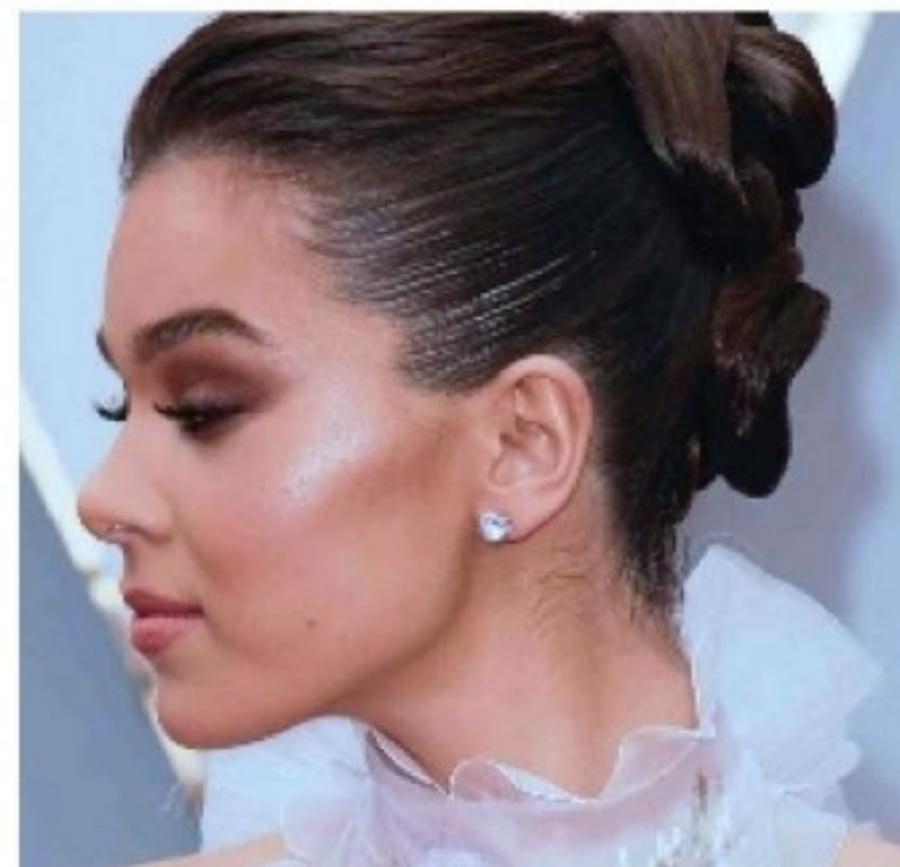


Samantha Emann
Metro | Toronto

Contouring is still going strong in the beauty world, thanks in part to the Kardashians. But now, along with chiseled cheekbones, highlighters are lighting the way for an ethereal, dewy look for spring.

Fashion and beauty journalist Carly Ostroff, whose work can be found in Flare, Fashion and The Kit, says highlighting is nothing new for makeup professionals.

"For years we have been seeing makeup pros like Pat McGrath using the technique for editorial behind-the-scenes on set and on the runway," says Ostroff. "But now thanks to a new set of products it's really



Actress Hailee Steinfeld rocks a bright cheekbone highlight on the red carpet at the 89th Academy Awards. GETTY IMAGES

become accessible for all of us."

Highlighting is the counterpart to contouring in that it accentuates the places on your

face that you want, well, highlighted. Meanwhile, contouring is meant to help you define and sculpt your features.

While some just dust a little on their cheekbones, highlight is also used to accentuate other features, such as your nose and cupid's bow and even your collarbone. And there's two ways to best approach highlighters, according to Ostroff.

"If you want a more made-up look you can go with something super glossy on your cheekbones or for something more low-key you can go for a no-highlight highlighter with a more dewy finish," she says. "You want to apply it right where the light would naturally hit your face."

A mixture of iconic fashion names, beauty YouTubers such as NikkieTutorials and other beauty personalities have got on board, only causing the trend to pick up steam.

"For Spring 2017 we saw highlighting at shows like Brandon Maxwell, Prada, Margiela and Versace, so it's not really showing any signs of slowing down. I think the best part about it now is that it's really easy to get the look at home," Ostroff says.

Which highlighter is for you?

Here are Metro's top three picks to help get your highlighting game in gear in time for spring ... plus the expert's choice.

1 Anastasia Beverly Hills (ABH) Glow Kit (\$59)

Best known for popularizing the contour kit, Anastasia Beverly Hills now has a glow kit to help you customize the highlight to suit your needs. It's pricey but offers a lot of versatility.



2 Kat Von D Alchemist Holographic palette (\$44)

This palette shows the evolution from simple one-note highlighters to a more dimensional colour changing shimmer. If you like to experiment with colour and intensity this is the one to pick up on your next Sephora trip.

3 Revlon highlighting palette (\$14.95)

Available at places like Walmart and Shopper's Drugmart, this is an affordable option for that more subtle, dewy way to finish off a look or to use as a blush topper.



Carly Ostroff's pick: Nudestix skin glossing pencil (\$28)

This Canadian company has a highlighter in pencil form that is perfect for beginners and "can't be beat" for a simple, quick way to get your highlight fix.



PICTURES: WALMART/SEPHORA/CONTRIBUTED

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FASHION

Milan closes with ready-to-wear elegance

The Milan Fashion Week pre-views that concluded Monday announced a return to more formal dress, confirming a trend seen on the red carpet at the Oscars the night before.

Milan designers indulged in fringe, beading and elegant lines. Dark colours prevailed, but were tempered with bursts of tangerine, turquoise, icy blue and greens as seasons continue to blur on fashion runways.

Some highlights from the last day of fall/winter shows, anchored by Giorgio Armani:

Irreverent, inventive Armani

Giorgio Armani may be known for his jackets, but trousers were the headliners of his ultra-elegant collection for next fall and winter.

The designer's notes didn't offer a vocabulary for a new silhouette that smartly merges trousers with a skirt, but said the collection invokes "a new adaptation of the Armani style: free, aware, subtly irreverent."

The look was an evolution of the tulip trouser introduced some seasons ago, updated for the new collection with a sweeping skirt in the shape of twin tulip petals that meld seamlessly into a snug pant leg.

The skirt element of the combination was mostly pleated, and the trouser legs, visible from behind, sometimes were done in contrasting colours — red on black, for example.

That particular pairing was completed with a red blouse with a standing ruffle that framed the

face, a two-button blazer and bowler hat. Pleating details were repeated on three-dimensional bell cuffs and high necklines.

Cinematic temptations

by Mila Schoen

Alessandro de Benedetti says he sought to create a dreamy effect in his Mila Schoen collection for fall/winter with saturated colours and playful detailing. The dream is anchored by English tailoring.

The collection featured flowing pleated skirts with patterns hidden in the folds, pops of cherry, polka dot or animal prints that appeared with every step.

Masculine tailoring gave definition to the silhouette, from a classic Prince of Wales trench inspired by the wardrobes of Roger Moore and Tony Curtis

in the 1970s TV series *The Persuaders* to the woolly jean jacket in bright shades of mohair that referenced Gus Van Sant's *My Own Private Idaho*.

In Memoriam

Fashion Week closed on a sombre note in Milan, with a memorial service for the late editor of *Vogue Italia*, Franca Sozzani.

The fashion crowd filled the pews of the vast Duomo di Milano cathedral to bid farewell to Sozzani, who died in December at the age of 66 after a year-long illness and three decades dedicated to promoting Italian fashion. Giorgio Armani, Donatella Versace, Miuccia Prada and Angela Missoni were among the Milan designers attending the service.

THE ASSOCIATED PRESS



Trousers were the headliners of Armani's ultra-elegant collection for next fall and winter. THE ASSOCIATED PRESS

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JOHANNA SCHNELLER **WHAT I'M WATCHING**

A very timely tale of historian and patriot

THE SHOW: *Making History*, Season 1, Episode 2 (Fox)
THE MOMENT: The guns

By time-traveling to 1775 Massachusetts, Dan (Adam Pally) and Chris (Yassir Lester) disrupted the American Revolution. Now Chris is trying to stir up the townsmen. "Where's your sense of freedom?" he asks.

"Fine, we shall form a committee to consider a revolution," Paul Revere (Matt Servitto) says. "That committee shall meet in a fortnight."

"Ooh, a fortnight isn't good for me," says John Hancock (John Gemberling).

"And I have a thing two fortnights from now, I told you all about it last fortnight, so you can't be mad," says Sam Adams (Neil Casey).

"The British are going to take your weapons," Chris warns.

Suddenly the men are outraged. "Right, this is America," Chris reminds himself.

"I will die for my right to kill others while defending myself!" Revere cries.

"My gun! Mine!" Adams says, kissing the barrel. "Oh, gunny, gunny, they'll never get you."

This sitcom is absurd, but it



Making History's Dan and Chris are well matched. CONTRIBUTED

makes me laugh.

Series creator Julius Sharpe (who worked on *The Late Late Show* with Craig Ferguson and *Family Guy*) employs seasoned comics who throw jokes and asides at us like rice at a wedding.

The timing is perfect, sending up American rah-rah patriotism just as the country and the world are struggling to figure out what the hell the

U.S. has become.

So is the tone. Chris is a history professor and Dan is a fool, so there's a lot of, "I will explain democracy to you in the simplest way, while mocking your ignorance of it."

Did I mention it's on Fox?

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

MR. T GETS DANCING SHOES ON

DWTS lineup revealed as gymnast Biles joins crew
 Mr. T, Simone Biles and Nancy Kerrigan are among the competitors for the upcoming season of *Dancing with the Stars*.

ABC announced the cast for the 24th season of the reality competition on Good

Morning America on Wednesday. Other cast members include former Saturday Night Live star Chris Kattan, current Bachelor Nick Viall and singer Charo.

This season also marks the return of dancers Maksim Chmerkovskiy and Peta Murgatroyd after welcom-

ing their first child together in recent months.

Biles will look to follow in the footsteps of her U.S. gymnastics teammate Laurie Hernandez, who took home the show's Mirrorball Trophy as last season's champ.

THE ASSOCIATED PRESS

BEST PICTURE FLUB

Oscars accountants sacked

The president of the film academy says the two accountants responsible for the best-picture flub at Sunday's Academy Awards will never return to the Oscar show.

Cheryl Boone Isaacs told The Associated Press that the Academy of Motion Picture Arts and Sciences' relationship with PwC, the accounting firm responsible for the integrity of the awards, remains under review.

Boone Isaacs broke her silence Wednesday following the biggest blunder in the 89-year history of the Academy Awards.

PwC accountants Brian Cullinan and Martha Ruiz were responsible for the winners' envelopes at Sunday's Oscar show. Cullinan tweeted a photo of Emma Stone from backstage minutes before handing presenters Warren Beatty and Faye Dunaway the wrong envelope for best picture. Boone Isaacs said Cullinan's distraction caused the error.

The academy has also apolo-



The wrong envelope in Warren Beatty's hands. GETTY IMAGES

gized to the Australian movie producer it incorrectly showed during Sunday's Oscars in memoriam reel.

In a statement Wednesday, the film academy extended "our deepest apologies" to producer Jan Chapman, whose photo was mistakenly used in the tribute instead of Chapman's colleague and friend, the late Janet Patterson.

Chapman had said on Mon-

day that she was left "devastated" by the error.

Patterson, an Australian costume designer and four-time Oscar nominee (*The Piano*, *Bright Star*), passed away in October last year. Patterson and Chapman worked together on *The Piano*.

The academy also updated the in memoriam reel on the website for the Oscars.

THE ASSOCIATED PRESS

COMIC BOOKS

New laws, same classic Judge

Judge Dredd: The Cursed Earth Uncensored

By: John Wagner, Pat Mills, Brian Bolland and Mike McMahon

Publisher: Rebellion; 208

Mike Donachie
 Metro | Canada

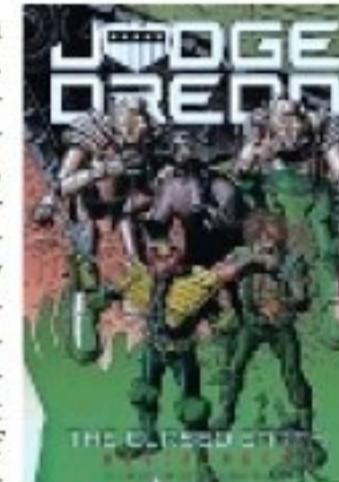
pages; \$25.00
 Judge Dredd is the law, but now a change in the law means some of his rarest appearances can be seen for the first time in nearly 40 years.

Just released in Canada and the U.S., this "uncensored" version of one of the judge's early adventures coincides with the 40th anniversary of 2000 AD,

the comic book in which it appeared.

It's an odyssey across a post-apocalyptic desert, with Dredd heroically driving a vaccine to Mega City Two, the disease-hit city on America's western seaboard. He couldn't fly because of rat-infested flying rocks. Just go with it.

There are lots of chapters, and some of the best art the series has ever seen, but the curiosity value is in two stories withdrawn due to trademark infringements and now



reprinted after a change in British laws covering satire. Originally, Dredd and his team of cannon fodder encountered the Jolly Green Giant, and the final remnants of the McDonalds and Burger King chains, now locked in bitter territorial disputes. Editorial management freaked out, and the stories were ignored.

And we also get punks, war robots, weeping aliens, a modified Mount Rushmore and a ton of fun along the way. This one's a classic.

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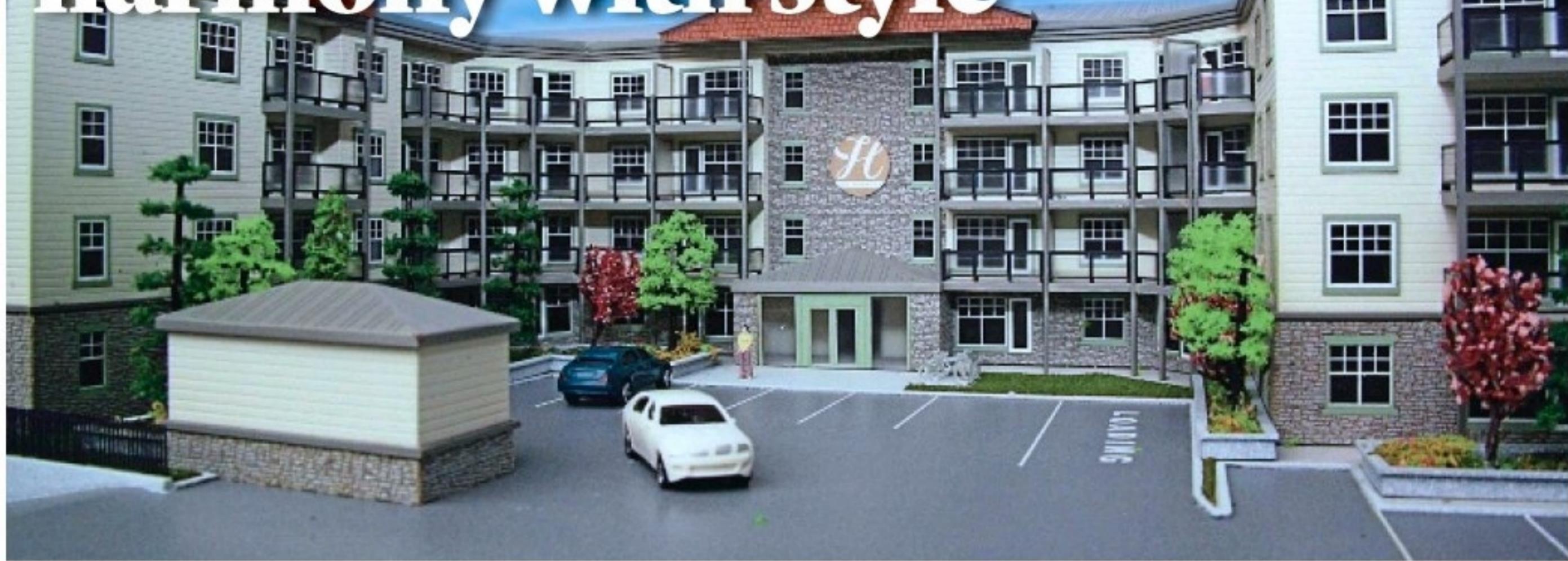




MEET THE CONDO

THE HARMONY CONDOS

Green design in harmony with style



CONTRIBUTED

Project overview

The Harmony brings form and function together in Edmonton's burgeoning Baranow area. Boasting green design, stylish interiors and a convenient location in the city's northwest, the affordable and varied condos of The Harmony give all types of buyers — singles, families, downsizers — a modern place to call home.

Housing amenities

Condos include secure, heated underground parking, elevators, balconies with large French-door-style windows and energy-efficient exteriors. Inside, spacious units feature custom-designed soft-close cabinetry, stainless steel appliances, quartz countertops, washer/dryer and brushed stainless steel hardware and finishes.

Location and transit

Near The Harmony, bustling 137 Avenue offers services, dining and shopping — at Skyview Centre. The busy artery also provides transit that links riders to downtown work or post-secondary sites. For drivers, 137 Avenue and St. Albert Trail link to the Yellowhead and quick commuter routes into the city core.

In the neighbourhood

Part of a lively, friendly neighbourhood, The Harmony is near a mix of housing types, parks, services, shopping and entertainment. The YMCA, Londonderry Fitness and Leisure Centre and North City Centre are close by, as is the Sturgeon Valley Golf and Country Club. Feel like a movie and dinner out? Head to 137 Avenue. LUCY HAINES/FOR METRO

NEED TO KNOW

What: The Harmony Condos
Developer: P2000 Developments

Builder: P2000 Developments

Location: Baranow community in Edmonton's Northwest

Building: Apartment-style condo units in four-storey, modern building

Sizes: 463 to 915 square feet

Model: Several layouts of bachelor, one-bed, one-bed plus den and two-bedroom condos

Pricing: \$173,000 to \$306,000

Status: Now selling

Sales centre: 14904 125 St. NW

Phone: (587) 990-2398

Website: theharmony.ca

HOME DECOR

Cacti: The perfect houseplants for beginner green thumbs

Succulents, which are plants with fleshy stems or leaves, are ideal houseplants. They have interesting shapes, are relatively pest-free and thrive in the dry air of a heated home — and on neglect.

Let's look at cacti, which are just one type of succulent.

Cacti are native only to the Americas, having evolved 60 million years ago when upward-pushing mountains transformed the then-lush tropical climate of the western Americas to desert. With thick stems for water storage (a giant saguaro cactus of

Arizona can store 1,900 litres of water), an absence of leaves, which reduces water loss, and waxy coatings to hold in water, cacti thrived despite parched conditions. To fend off animals, many species developed spines.

Origin and variety

Over time, cacti spread from within the Arctic Circle down to the tip of Chile. I have seen flat, green pads of opuntias growing wild on New York beaches and Christmas cactus growing wild in the crevices of trees in tropical

rain forests. With the exception of Vermont, New Hampshire and Maine, every state in the U.S. has at least one species of native cactus.

Visual oddities abound. The old-man cactus (*Cephalocereus senilis*) has a shaggy covering of long, hoary "hair." The lamb's-tail cactus (*Wilcoxia senilis*) has slender stems which seem to pour out from the swollen root that protrudes above the soil line. Some of the moon cacti (*Gymnocalycium* spp.) have had their green chlorophyll bred out

of them, so they are now red. Without chlorophyll, they can't survive, so they are grafted on top of other cacti.

Spectacular flowers

Cacti commonly have spectacular flowers, made more dramatic by their prickly pedestals. Cacti such as *mammillaria*, *notocactus*, *lobivia* and *rebutia* bloom indoors with very little coaxing (*rebutia* often blooming twice each year). Fat flower buds along the stems of the orchid cactus, *Epiphyllum* open to spectacular red, pink or

white blossoms, depending on the variety.

Care tips

Caring for a cactus is easy: Provide good drainage by adding extra sand or perlite to any potting mix. Do not overwater.

Water your cacti two or three times, or even not at all, in winter. In summer, once every week or two is plenty. Watch the stems. If the plants shrivel or pucker, don't worry; just water them. If in doubt about whether or not to water, don't.



Epiphyllum oxypetalum (Queen of the Night cactus).

TORSTAR NEWS SERVICE

Floating on water in the Pacific NW

DREAM HOME

Architects build award-winning home over pond

It seems to float on top of the water and, actually, Newberg Residence sort of does.

Just outside of Portland, Ore., the 1,440-square-foot home sits a foot above a pond — like a bridge — with each end sitting on concrete abutments.

The bedroom and kitchen are on the "bridge" ends, the living and dining rooms are in the centre, overlooking water. Steel columns support the home, cantilevering out to cover the kitchen to the west and the bedroom to the east. A covered walkway leads back to a two-bedroom, 550-square-foot guest house.

The original, 15-by-50-foot pond has been excavated and enlarged. The large roof overhangs are designed to protect the glass and wood of the home. The water from the roof drains into the pond. The pond has an overflow and the floor of Newberg Residence is a foot higher than the top of the dam that restrains the pond.

Materials used in the construction of the home include concrete, corten steel and Douglas fir. Highly insulated glass has been used for the windows. The wood and steel came from local businesses. It took 14 months to build Newberg Residence, which was completed in 2015 and last year won the housing design award from the Amer-



The living and dining room span the width of the pond. Top right: Walls of windows put the pond on display. Bottom right: A stunning view of nature from the bedroom. ALL PHOTOS TORSTAR NEWS SERVICE

ican Institute of Architects.

Architect Jim Cutler, of Cutler Anderson Architects in Bainbridge Island, Wash., answers a few questions about Newberg Residence.

What inspired you to create this house?

The property is part of a larger vineyard but it was steep, lumpy and not suited to being a vineyard. The couple had an area of land on which they wanted to build a house but it was too small. I saw a bit of light through the firs and asked if it was a logging pond that was

mostly filled in. I went through the trees to look at it and said, "This is a place to build a house."

How have you arranged the way visitors get to the house?

One of the most ancient and time-honoured tools in the architect's bag is contrast. I felt I could increase the power of this small body of water by contrasting it with a dense, dark arrival. Guests park 100 feet away, walk down a single-file trail through a forest with trees and shrubs, making it more compressive. As you arrive at the building, the

view of the pond is blocked but you can see the top of the roof because of the big opening on the other side of the building. Then you open the door and it's a powerful experience. You've gone from this dense, dark, foliage to this big, open pond just by opening the door.

What was your intention with this house?

We thought if we created this small ecosystem it would actually invite wildlife to participate in the drama of their life.

In all our work, we're trying to connect people physically



and emotionally to the living systems in this world.

What homeowner Carey Critchlow thinks of Newberg Residence:

It's a great house. It's easy to live in and complements our lifestyle, which is focused around farming, our vineyards and enjoying friends and family.

The three large glass doors allow us to open the house and really experience the connection with the pond and woods. We often cook outside the kitchen, guests flowing in and out of the open glass door. We use the liv-

ing/dining room door and small deck for reading and swimming. We have many animal visitors — a regular heron we've named Herman, who sits on our decks and wanders about the pond, our rainbow trout, a black bear caught sleeping under our path lights last year, deer, waxwings, wood ducks, merganser ducks, frogs, eagles and osprey.

The home's connection to the land and nature is our highlight. Experiencing the life of the pond, watching it change with the weather and seasons, and time of day.

TORSTAR NEWS SERVICE



FLOWERS BEST GROWN FROM SEEDS

It's March, which means it's time to start germinating seeds if you want a garden that's in full bloom this year. Get started with these picks. **MARK CULLEN/TORSTAR NEWS SERVICE**



ALL PHOTOS TORSTAR NEWS SERVICE

1 Nasturtium

Low growing, sometimes with a vine-like growth habit. "Hot colours" that produce for several weeks. They love the sun but last best in a "cool" part of the garden, facing east. My favourite variety is whirlybird, as they bloom outside of the foliage. Grows to 40 centimetres.



2 Morning glory

A vine that needs vertical support at least two metres high, they produce large quantities of medium-sized, trumpet-shaped blue flowers. They perform best in marginal soil. Mix in about 30 to 40 per cent clay and they'll bloom like crazy. Don't fertilize.



3 Sunflowers

Sunflowers can take up a lot of space but man, are they easy to grow! If you have an average or small garden, consider some of the popular varieties that only mature to about 50 centimetres or less: junior, teddy bear (pictured here) and dwarf Pacino.



4 Nicotine

An unfortunate name for a wonderful flowering plant. You'll be blown away by the flower's fragrance once it's established. "Old fashioned" nicotine produces large clusters of trumpet-shaped flowers. Grows up to two metres high. Loves the sun.

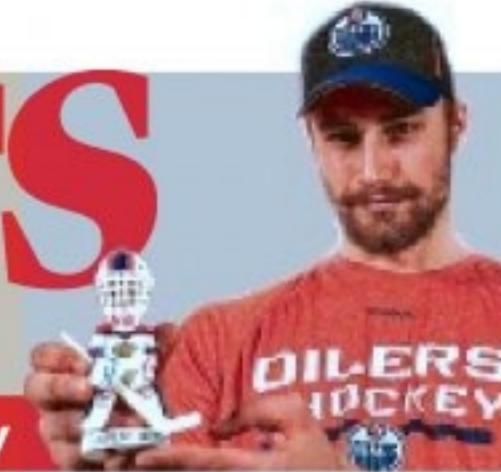


5 Calendula

Pot Marigold. I'm not sure how this low-growing flowering plant got the name. It produces masses of yellow or orange flowers mid-summer. I sow them in a row in my vegetable garden. An edible flower. Thrives in full sun. Grows to 30 centimetres high.

OILKINGS.CA

LIMITED EDITION Laurent Brossard Bobblehead Scratch 'n' Win Giveaway



IN BRIEF

New set of rules proposed to make golf easier to play

The Royal & Ancient Golf Club and the U.S. Golf Association released a draft of modern rules on Wednesday aimed at simplifying the game's rules without stripping traditions and fundamentals of fair play.

The proposal, which now faces six months of public feedback, reduces the number of rules from 34 to 24.

In many cases, penalties have been rescinded. Players no longer will be assessed a one-shot penalty if their golf ball accidentally moves, if their club touches the ground while in a hazard or even if a putt strikes a flagstick that is not being tended.

THE ASSOCIATED PRESS

Durant out indefinitely with sprained MCL

Golden State Warriors star Kevin Durant will be out indefinitely — perhaps until the playoffs — after he sprained the medial collateral ligament in his left knee and bruised a bone in his leg during Tuesday night's loss at Washington.

Durant leads the Warriors in scoring and rebounding with 25.3 points and 8.2 boards along with 4.8 assists.

THE ASSOCIATED PRESS

Eskimos release fullback Miller

The Edmonton Eskimos released veteran Canadian fullback Mike Miller on Wednesday.

The six-foot, 215-pound Miller, a native of Riverview, N.B., led the CFL with 27 special-teams tackles last season.

Miller, 27, joined the Eskimos as an undrafted free agent linebacker from Acadia in 2011. He later made the switch to fullback. THE CANADIAN PRESS

NFL salary cap rises to \$167M per team

The NFL salary cap for the upcoming season will be \$167 million per team, up more than \$12 million over last year.

This is the fourth consecutive year the cap has risen at least \$10 million. THE ASSOCIATED PRESS

Iginla headlines dull final day of trades

NHL

Just 16 of the players dealt have played in bigs this season

You know it's a slow trade deadline day in the NHL when the biggest name dealt is a 39-year-old with eight goals this season.

Headed for the Los Angeles Kings, Jarome Iginla was the highest profile name to move in one of the slowest (and least interesting) deadline days in recent memory. Most of the transactions involved depth players on expiring contracts, including Thomas Vanek to Florida, P.A. Parenteau to Nashville and Mark Streit to Pittsburgh.

There were only 18 trades in all, and only 16 involving players who've played in the NHL this season.

"It's probably less I guess than past years, which doesn't surprise me," Calgary Flames general manager Brad Treliving said. "You look at the compression in the standings, you've got expansion, you've got financial pressures in terms of cap squeeze, it probably went the way I thought it would go."

Treliving predicted that the expansion draft in particular would "make it a little bit stickier" on deadline day with clubs having to consider players to both protect and expose to the



Jarome Iginla is chasing his first Stanley Cup with his fifth team — the Los Angeles Kings.

JEFFREY . BARNES/THE ASSOCIATED PRESS

newly minted Las Vegas Golden Knights in June.

Detroit Red Wings GM Ken Holland thought teams were also placing increasing value on their own prospects and draft picks and thus were not as likely to move such assets in exchange for a short-term solution at the deadline.

Many of the picks moved

Wednesday were either conditional or late-round selections.

Iginla fetched a conditional fourth round pick in 2018 for Colorado; Vanek netted the Wings a third in 2017; Parenteau got the Devils a sixth, also this summer. Not one first-round pick actually moved

hands on deadline day itself

(and only one second), though

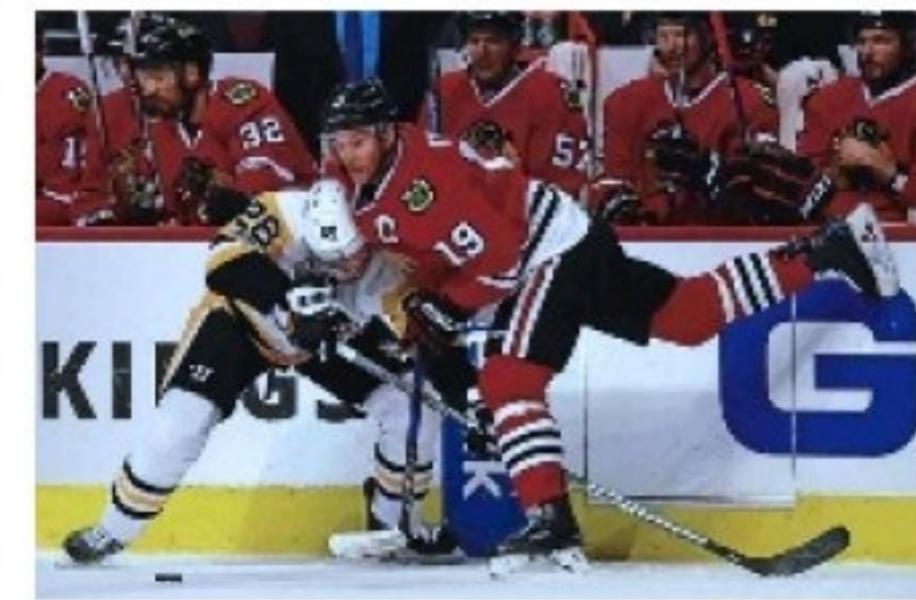
some moved in the more intriguing lead-up to the deadline — including in Washington's acquisition of Kevin Shattenkirk and Minnesota's landing of Martin Hanzal.

The NHL's fourth-highest scoring defenceman this season, Shattenkirk was one of the few high-end contributors to change teams with most of the other deals involving depth pieces for playoff contenders.

THE CANADIAN PRESS

18

The number of trades on Wednesday.



KANE'S HAT TRICK DOWNS PENGUINS

The Blackhawks' Jonathan Toews and the Penguins' Ian Cole battle for the puck on Wednesday in Chicago. Patrick Kane recorded a hat trick to up his goals total to 27 on the season and the Blackhawks won 4-1. JONATHAN DANIEL/GETTY IMAGES

Hedman blasts Bolts past Canes

Victor Hedman scored his second goal of the game 46 seconds into overtime, Andrei Vasilevskiy made 28 saves and the Tampa Bay Lightning beat the Carolina Hurricanes 4-3 on Wednesday night.

Tyler Johnson and Nikita Kucherov also scored to help the Lightning improve to 7-1-2 in the last 10 games.

Noah Hanifin, Derek Ryan and Jay McClement scored for Carolina, and Eddie Lack stopped 12 shots. The Hurricanes are 1-5-3 in their last nine.

Hedman lifted a shot over Lack during the extra session. Kucherov got his second assist

WEDNESDAY In Tampa

4 LIGHTNING 3 CANES

on the play, and has 12 points over the last four games.

After Hedman had a power-play goal eight minutes in, Hanifin tied it on his first goal in 36 games on a shot three minutes later that was deflected by Kucherov.

Ryan made it 2-1 at 14:54, stopping a 15-game pointless streak and 16-game goal

drought with a power-play goal redirected off Lightning defenceman Andrej Sustr's stick.

Tampa Bay tied it at 2-2 midway through the third when Johnson jumped to avoid Jake Dotchin's point shot that went off his skate and into the net.

Kucherov gave Tampa Bay a 3-2 lead at 15:18 of the third, and McClement tied it with 2:37 left on Carolina's seventh short-handed goal of the season.

Carolina left-winger Jeff Skinner missed his second straight game due to a stiff neck but could return for Friday night's game against Arizona.

THE ASSOCIATED PRESS

DEADLINE DAY DEALS

OTTAWA-CALGARY

TO SENATORS: JYRKI JOKIPAKKA, D. SECOND-ROUND PICK (2017)

TO FLAMES: CURTIS LAZAR, F. MIKE KOSTKA, D.

TORONTO-PITTSBURGH

TO LEAFS: ERIC FEHR, F. STEVE OLEKSY, D. FOURTH ROUNDER (2017)

TO PENGUINS: FRANK CORRADO, D.

BOSTON-WINNIPEG

TO BRUINS: DREW STAFFORD, F.

TO JETS: CONDITIONAL SIXTH ROUNDER

FLORIDA-DETROIT

TO PANTHERS: THOMAS VANEK, F.

TO RED WINGS: DYLAN MCILRATH, D. COND. THIRD ROUNDER (2017)

LOS ANGELES-COLORADO

TO KINGS: JAROME IGINLA, F.

TO AVALANCHE: COND. FOURTH ROUNDER (2018)

Title fight for GSP's big return



George St. Pierre is coming out of retirement after a 4-year absence to fight for the middleweight title. GETTY IMAGES

UFC

Canuck star will face UK champ Bisping later in 2017

Former welterweight champion Georges St-Pierre is starting his comeback with a bang — against UFC middleweight title-holder Michael Bisping.

The two will meet for the 185-pound crown in the second half of 2017, according to the UFC. "It's on," Bisping said in a social media post featuring the fight poster.

The 35-year-old St-Pierre has not fought since November 2013 when he won a narrow decision over Johny (Bigg Rigg) Hendricks for his 12th straight win. The Montreal mixed martial arts star then took a hiatus, saying he needed time away from the sport.

England's Bisping won the middleweight championship from Luke Rockhold at UFC 199 in January 2016, subsequently defending the title against Dan Henderson.

25-2-0

George St. Pierre's impressive record before he retired. The French Canadian went 12 straight fights unbeaten before calling it a career in 2013.



Middleweight champ Michael Bisping. GETTY IMAGES

Jon (Bones) Jones is trying to sort out his life outside the cage and former women's flag-bearer (Rowdy) Ronda Rousey is contemplating her fighting future after beatdowns at the hands of Holly Holm and Amanda Nunes.

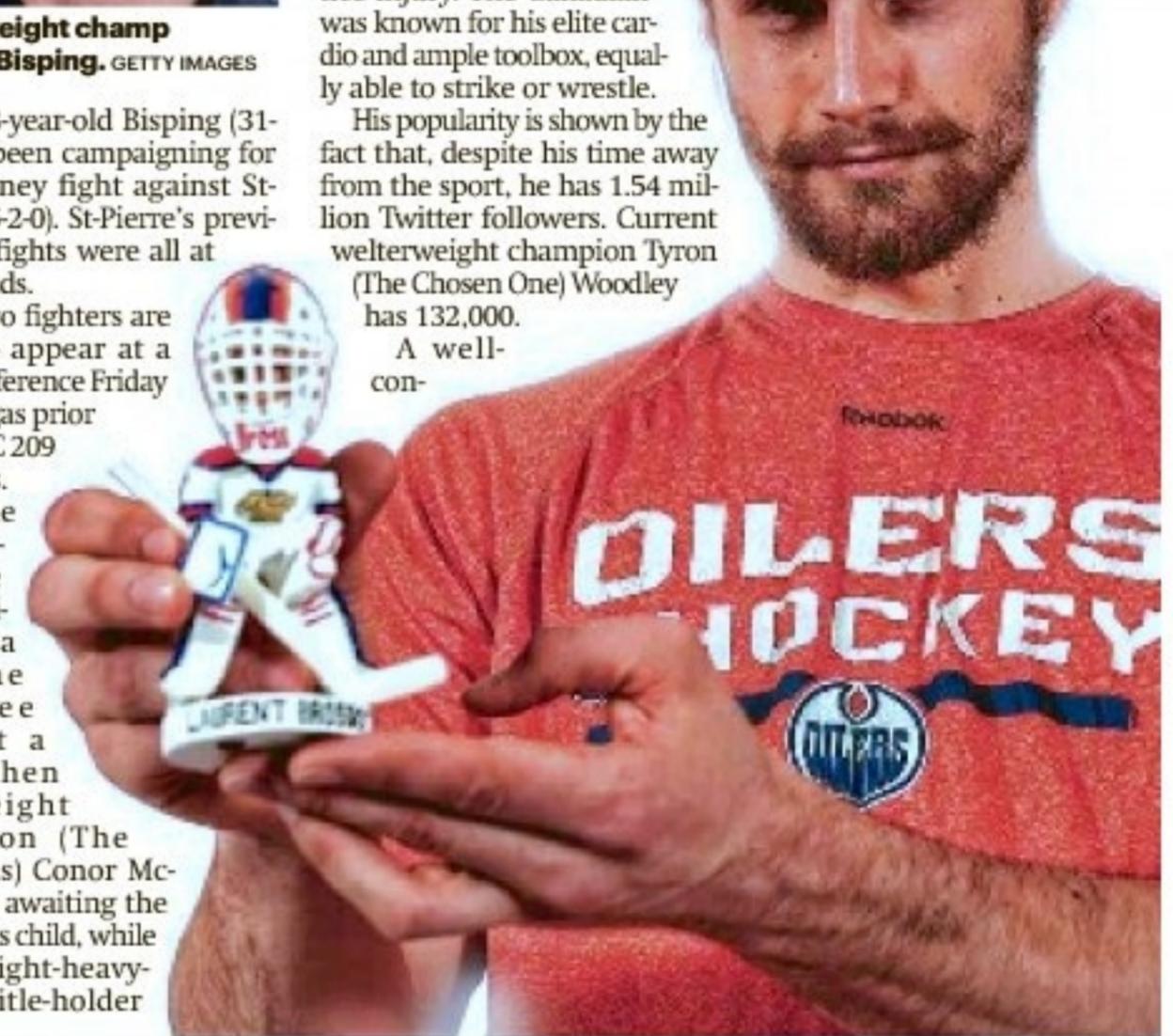
St-Pierre was a pay-per-view heavyweight for the UFC at the time of his departure from the sport. He kept training during his time away and had to undergo knee surgery after a practice injury. The Canadian was known for his elite cardio and ample toolbox, equally able to strike or wrestle.

His popularity is shown by the fact that, despite his time away from the sport, he has 1.54 million Twitter followers. Current welterweight champion Tyron (The Chosen One) Woodley has 132,000.

A well-con-

ditioned fighter who can pepper opponents with punches, Bisping has won his last five bouts including a victory over middleweight icon Anderson Silva.

THE CANADIAN PRESS



IN BRIEF

NBA

Wizards cast spells to snap Raps streak

WEDNESDAY At ACC

105	96
WIZARDS	RAPTORS

There would be no thrilling fourth-quarter comeback for the Toronto Raptors on Wednesday. Playing their fourth game without all-star guard Kyle Lowry, the Raptors dropped a 105-96 decision to Eastern Conference rival Washington Wizards to end a four-game winning streak.

DeMar DeRozan had 24 points to top the Raptors (36-25), while Serge Ibaka had 22 points and 12 rebounds. Norm Powell finished with 17 points. Cory Joseph — starting for Lowry — had 11 points and just one assist, and Jonas Valanciunas grabbed 11 boards to go with seven points.

The Raptors had rallied from double-digit deficits in all four games of their winning streak. But mustering just 11 assists on the night — they had just three through

the first three quarters — it was clear how sorely the team missed Lowry.

Bojan Bogdanovic led Washington (36-23) with 27 points.

With just 21 games left in the regular season, the Raptors are clawing for playoff position in a crowded Eastern Conference. Wednesday's game was the first of two straight against the Wizards, who Toronto trailed for third in the east by just percentage points.

The Raptors are in Washington on Friday to open a five-game road trip.

THE CANADIAN PRESS

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Leman loosens up on slopes

SKI CROSS

Calgary racer striving for World Cup 2nd in 16-17 finale

Vincent Man
Metro | Toronto

All it took for Brady Leman to earn his first World Cup victory in five years was to stop caring so much.

After finishing third overall last season, the Calgary ski cross racer set high expectations for 2016-17. He now admits that doing so only held him back.

"This year I put a lot of pressure on myself to follow that up and exceed last season, which was a tall task," Leman told Metro by phone earlier this week. "I was really stressed out about trying to match that and once I got over that, went back to just racing, things started coming together a lot more easily."

Even with the added stress, Leman was able to race to a pair of second-place finishes before

the Christmas break. Once he eased up on the self-imposed pressure, he grew comfortable on the mountain and went on a hot streak.

The 30-year-old rallied for three more silver medals before capturing gold in Idre Fjall, Sweden, on Feb. 12. In the final, Leman broke away from the pack and made the lead stick as he crossed the finish line just ahead of France's Arnaud Bovolenta.

It was his third career World Cup win and first since the 2011-12 season.

"It was really satisfying to get back on to the top of the podium and take a win because it had been that long," Leman said.

"That's a funny racetrack that one. It's so straight and fast at the bottom that being out front is a stressful spot.... All you can do is put your head down and hope nobody goes by you."

Leman sits second overall on



Brady Leman
GETTY IMAGES



Brady Leman carries a slim second-place lead into the World Cup season finale this weekend in Collingwood, Ont.

LAURENT SALINO/AGENCE ZOOM/GETTY IMAGES

the World Cup circuit this season and appeared poised to gain more ground on leader Jean Frederic Chapuis of France last week in Miass, Russia. A 26th-place showing, however, set the Canadian back and guaranteed Chapuis the Crystal Globe with a 112-point lead in the standings

and a single race remaining on the calendar.

Leman was hoping to capitalize on Chapuis' 27th-place finish, but "mental errors" cost him valuable points and a chance at racing for the season's overall championship in the tour's final stop on Sunday

at Blue Mountain in Collingwood, Ont.

"It's so tough to find that week-in, week-out consistency. It's easy to beat yourself up after a race like that," Leman said.

"I'd be lying if I said I didn't have a couple of daydreams about winning a Globe on home

soil. But it's out of my hands at this point, which is too bad. It's still been a good season regardless of what happens this weekend."

While the race for the overall championship is over, Leman's second place is still very much up for grabs. He currently carries an 11-point lead over Switzerland's Alex Fiva, who Leman says is one of his best friend's on tour.

"We have a lot of mutual respect for each other. Our team and the Swiss team get along very well," Leman said. "They're just good competitors. They race clean and they race hard. Those are the kind of guys you want to race against."

History tips the scales in Leman's favour. One of his two previous victories was earned at Blue Mountain in 2011-12, when he finished the season second overall.

"I feel like I have a real shot at (winning) here," he said.

"We get such a good turnout at Blue Mountain that it's really motivating to try and be that guy, that Canadian that can do it on home soil and get the crowd fired up."



Luis Enrique GETTY IMAGES

LA LIGA

Enrique announces he's leaving Barça after win

On a night marked by the surprise announcement that coach Luis Enrique will leave Barcelona at the end of the season, his team routed relegation-threatened Sporting Gijon 6-1 to return to the top of the Spanish league on Wednesday.

Lionel Messi scored his league-leading 21st goal less than 10 minutes into the match at the Camp Nou to help hosts Barcelona earn a comfortable win.

Barcelona leads the stand-

ings for the first time since the opening round, one point ahead of Real Madrid, which was held by Las Palmas to a 3-3 draw at the Santiago Bernabeu Stadium.

Madrid, which still has a game in hand, scored twice

with Cristiano Ronaldo in the final minutes to erase a two-goal deficit and salvage a point.

Enrique announced that he will not coach Barcelona next season in the post-match news conference, saying that

he needed to rest.

"The reason clearly had to do with the way of life I need to have in this profession, constantly having to find solutions, constantly trying to improve my team," he said.

THE ASSOCIATED PRESS

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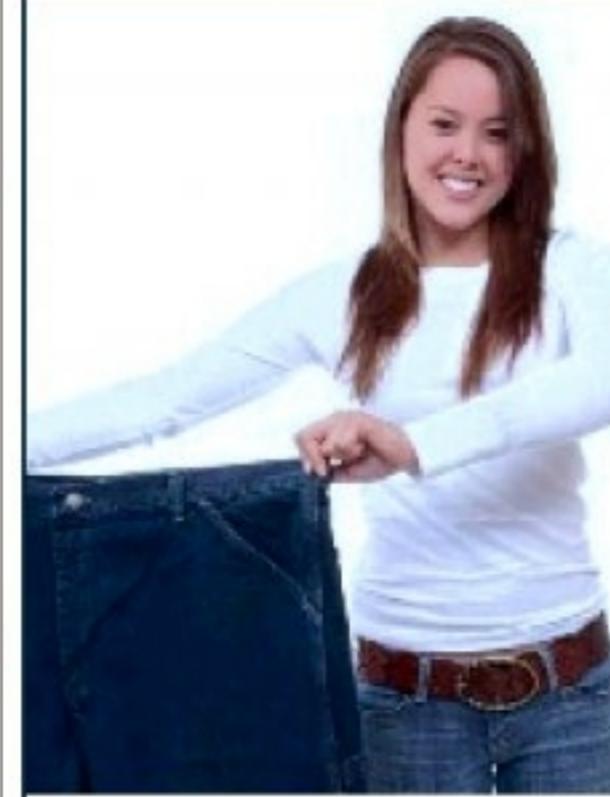
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MAKE IT TONIGHT

Aromatic Shrimp and Vegetable Spaghetti

Ceri Marsh & Laura Keogh
For Metro Canada

This pasta features roasted vegetables and fresh herbs.

Ready in 50 minutes

Prep time: 20 minutes
Cook time: 30 minutes
Serves 8 to 10

Ingredients

- 1 yellow zucchini, sliced in half lengthwise
- 2 portobello mushrooms, stems removed, caps scooped and halved, then cut crosswise into slices
- 1 red pepper, sliced into quarters
- 1/4 cup olive oil
- 2 Tbsp balsamic vinegar
- 4 cloves garlic, chopped and divided
- 1 Tbsp fresh chopped oregano
- 1 Tbsp fresh chopped rosemary
- 1 lb. thawed peeled deveined shrimp
- 1 Tbsp butter
- 1 box of spaghetti
- 2 large meaty tomatoes, sliced into chunks

- 1 container marinated artichoke hearts, plus a drizzle of its oil
- 1 cup feta cheese
- 1 handful fresh chopped basil

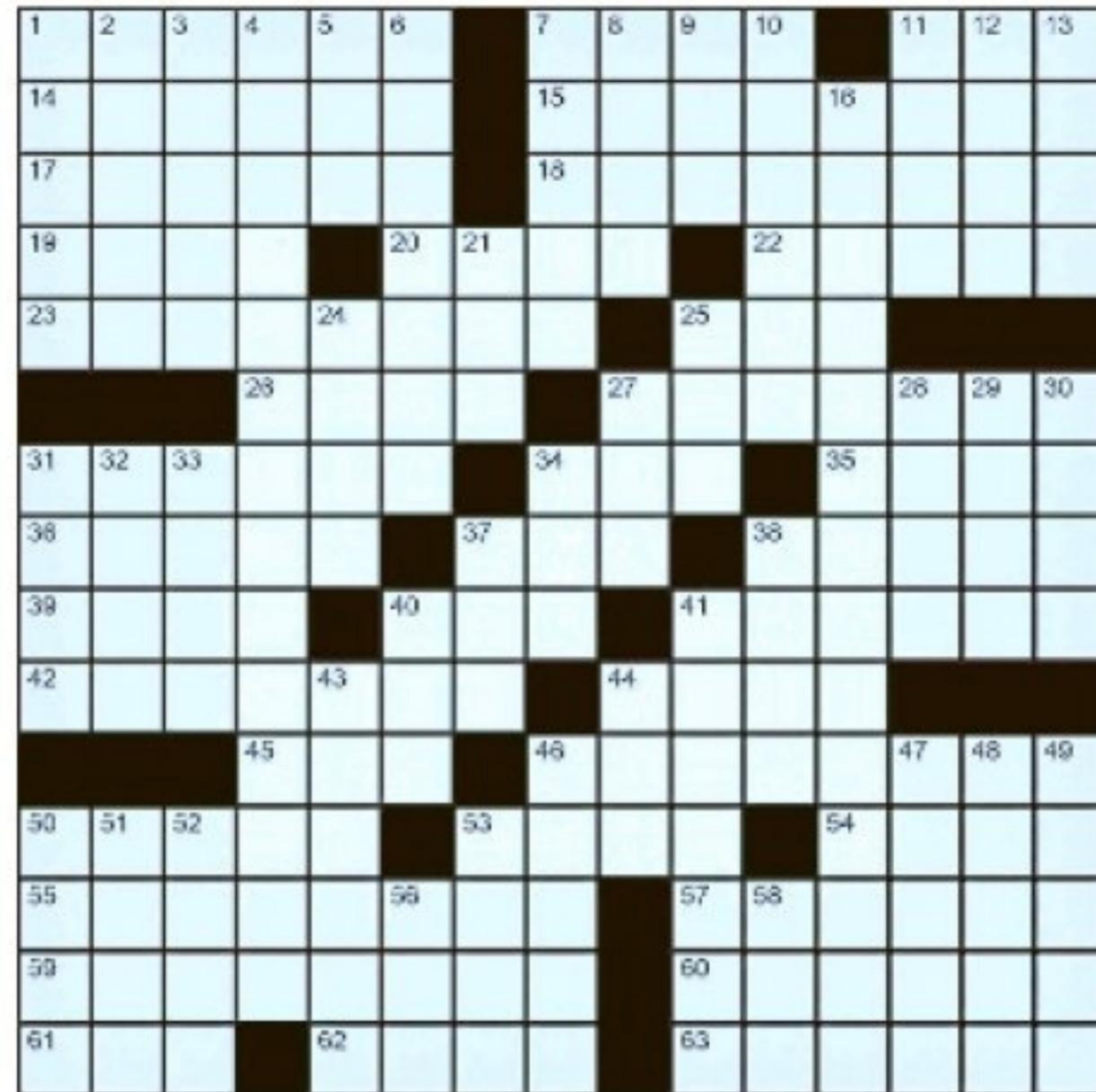
Directions

- Preheat oven to 400. Toss zucchini, mushrooms and red pepper with 2 Tbsp olive oil, balsamic vinegar, 2 garlic cloves, oregano and rosemary to coat.
- Place vegetables on greased pan and roast; turn once and cook 30 minutes.
- Remove to platter and cool. Slice into bite-size pieces.
- In a large skillet over medium heat, add butter and two garlic cloves and cook till aromatic, about 1 minute. Add shrimp and cook until pink, about 5 minutes. Remove shrimp and juices and set aside.
- Meanwhile, in a large saucepan of salted boiling water, cook pasta. Drain. Drizzle remaining oil into pasta. Toss vegetables with shrimp and buttery juices into pasta and serve with basil.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

**ACROSS**

- "The Planets" composer Mr. Holst
- Actress Ms. Sofer
- "Wow!"
- Bury
- Super self-love
- TSX units
- Staircase railing
- Slant
- Stompin' Tom Connors' "Bud the _"
- Haunting 'human'
- Those lettering-out words
- Giggling, text-style
- Moray-like
- Stash of weapons
-
- Gdays
- Abominable abode-er
- Plane, in Quebec
- Deli serving
- Jimmy of "L.A. Law"
- Lima's country
- Fancy watch face number
- Ms. Durbin (Winnipeg-born star)
- Unity
- Mr. Gagnon (Chicoutimi-born Olympic gold speed skater)
- Highlander's hat
- Takeoff/landing locale
- 'Romeo' sports cars
- Global, briefly
- Off the dragon
- War-like
- Julia Louis-Dreyfus's character on

"Seinfeld"

- Distinction
- More tidy
- Worth
- Rugs of Scandinavia
- Surplus

DOWN

- Main meanings
- Not 'Tragically' cool
- Sedimentary rock
- Provincial Park, in southwestern Manitoba near Boissevain, known for the 'Western Painted' shelled crea-

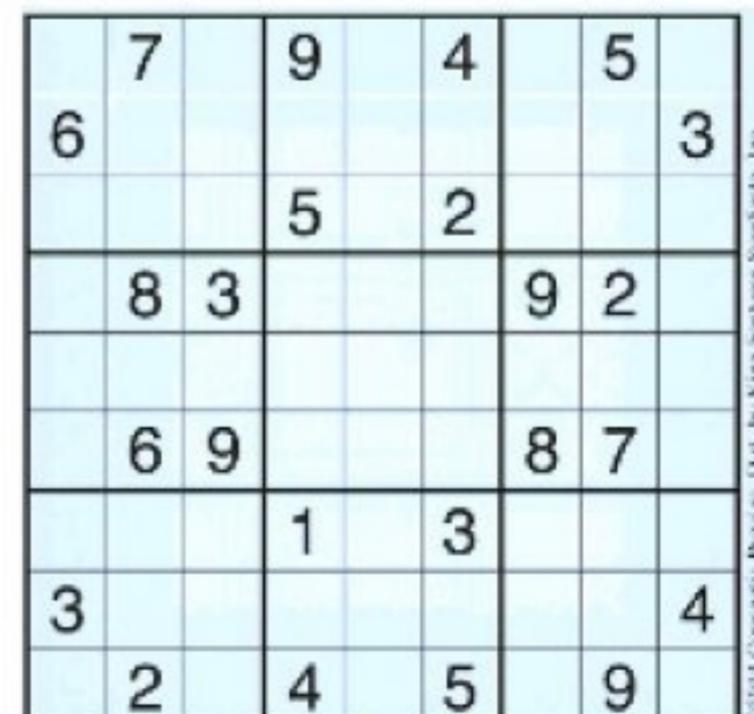
tures found there

- Soul; French
- Ships and tankers and dinghies
- Puzzle type
- "Blimey!"
- Oui opposite
- Martin Short comedy, "Three _" (1986)

- Trim
- "I Love You, Suzanne" singer ...his initials-sharers
- _en-Provence, France
- No, in Munich
- Notation atop a memo, for short
- Ms. Kudrow
- Organized crime chief
- Baking cookies appliance
- Soft muddy spot
- _ pollo (Common people)
- ' _ for Langley
- Feudal worker
- Belief system
- Singer Ms. Love
- Island (Statued marvel west of Chile in the South Pacific)
- US univ.
- Poker stakes
- Top rate
- Street sections
- Tint-to-hair applicators
- "So be it!" in church
- Key _ pie
- Move like a hummingbird
- Empire of yore
- Whichever
- Mr. Luthor, "Superman" (1978) villain

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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IT'S ALL IN THE STARS Your daily horoscope by Francis Drake*Aries** March 21 - April 20

Your relationships with partners and close friends might suddenly get a lovely boost or lift today. Someone might compliment you. You might meet someone new who is unusual.

Taurus April 21 - May 21

An unexpected job opportunity might come your way today, or perhaps work-related travel suddenly will appear. Something might even improve your health. Who knows?

Gemini May 22 - June 21

An unexpected invitation for a vacation or a social event might land in your lap today. Love at first sight will begin for some of you. Yes, it's an exciting, fun-filled day!

Cancer June 22 - July 23

Keep your eyes open for real-estate opportunities or chances to improve your existing home today. A spontaneous family gathering might take place.

Leo July 24 - Aug. 23

Unexpected news or an unusual opportunity makes you happy today. Your spirits are high and your optimism is strong. This is just how you like things to be.

Virgo Aug. 24 - Sept. 23

Business and commerce are favoured today; in fact, something unexpected might come along that really boosts your income. It might be a new job or something on the side.

Libra Sept. 24 - Oct. 23

All kinds of opportunities might pop out of the woodwork today. This means you have to keep your eyes open and be ready to act fast.

Scorpio Oct. 24 - Nov. 22

This is a feel-good day. You feel happy with yourself and content with your world. Appreciate your good fortune.

Sagittarius Nov. 23 - Dec. 21

Your popularity will get a boost today because others admire you. This is why you might suddenly be thrust into a position of leadership in a group or class.

Capricorn Dec. 22 - Jan. 20

Something will happen today that boosts your reputation in the eyes of others. If an opportunity presents itself, you will have to act quickly. Don't hesitate.

Aquarius Jan. 21 - Feb. 19

A surprise opportunity to travel might suddenly materialize today. If so, act quickly, because this window will be brief.

Pisces

Feb. 20 - March 20
Keep your pockets open, because gifts, goodies and favors from others will come your way today. However, they will be unexpected. (What a nice surprise!)

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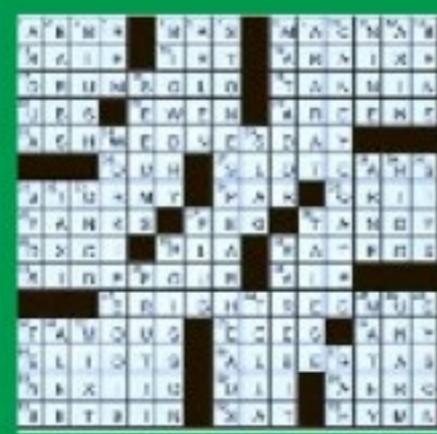
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•LIFE • SPORTS**

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

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large
Ottoman



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in reverse
configuration

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8 Pieces



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8 Piece Queen Bedroom Set Includes:
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2 Night Stands.

\$898

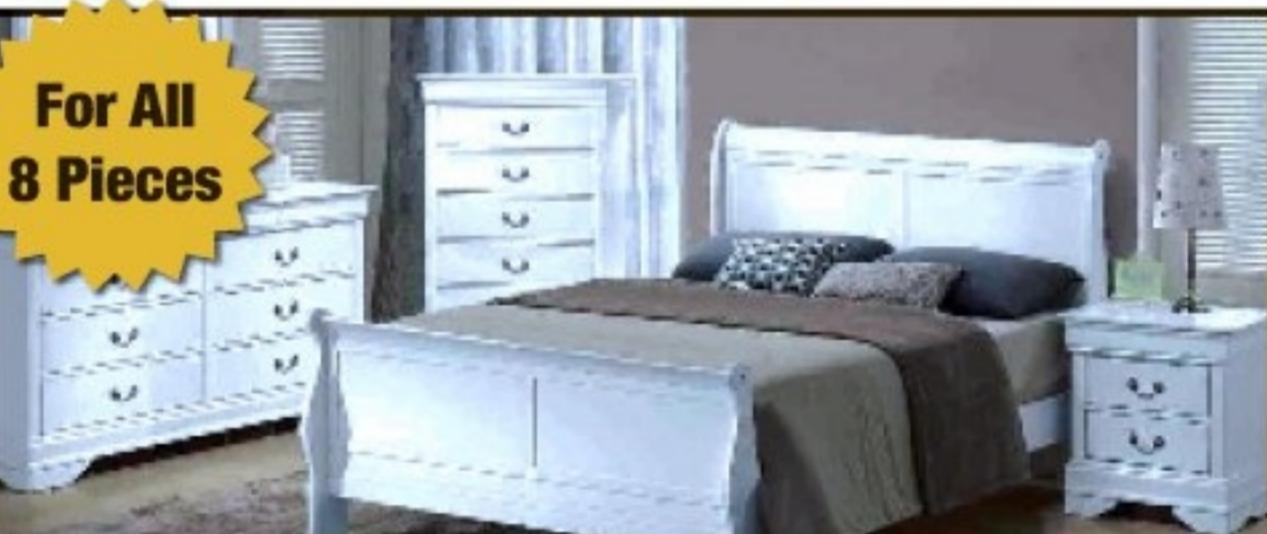


For All
8 Pieces

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